NOVEMBER
SOUP MENU

All of our co-op made soups are made from scratch!
We use fresh, organic or all-natural ingredients
plus scratch-made stock!

01	chef's choice
02	ginger chicken noodle
03	bean + barley soup | v
04	indian vegetable soup | wf
05	chicken wild rice | wf
06	broccoli cheddar | wf
07	mushroom miso | v + wf
08	chef's choice
09	ginger chicken noodle
10	peruvian quinoa | v + wf
11	red lentil coconut curry | v + wf
12	chicken mulligatawny
13	southwest corn + potato | v + wf
14	spinach lentil | v
15	chef's choice
16	ginger chicken noodle
17	pumpkin minestrone | v
18	spinach coconut | v + wf
19	chicken wild rice | wf
20	chicken mulligatawny
21	golden split pea | v + wf
22	chef's choice
23	ginger chicken noodle
24	bean + barley soup | v
25	peruvian quinoa | v + wf
26	thanksgiving: co-op closed
27	autumn rice with corn + potato
28	tomato parmesan | wf
29	chef's choice
30	ginger chicken noodle

MAMA'S VEGGIE CHILI SERVED DAILY

WF - WHEAT FREE | V - VEGAN

OUTPOST
CO-OP SINCE 1970

our soups are made in a facility that also processes milk, eggs, tree nuts, peanuts, corn + wheat.
while we adhere to good safety + cleanliness practices that help to ensure ingredients
do not cross-contaminate other items, we cannot guarantee it.