

fresh deals

JUNE 17 - 23, 2026



Customer favorites!

1.50 off

Sartori
Cheese wedges, spreads, bites & bricks
Plymouth, WI



2.99 /ea
Organic Raspberries
Mexico grown
6 oz



5 for \$5

Ataulfo Mangoes
Mexico grown

Peak Season Sweetness!



5.99 /lb

Outpost
Sicilian Pork Sausage



1.99 /lb

Organic Broccoli
California grown



5.49

DeLallo
Organic San Marzano
Style Tomatoes
Whole Peeled or Crushed
28 oz



2.79 /lb

Meadowlark Organics
Organic Polenta
Bulk Bin • Ridgeway, WI

**we made
you dinner!**
JUNE 17-23

Old Fashioned Beef Stew
Chickpea Dumplings w/ Collard Greens
(vegan & wheat-free)
Red Curry Lentils (vegan & wheat-free)
4-Cheese Mac & Cheese (vegetarian)
Vegan Mac & Cheese (vegan)



owners save more

JUNE 17 - 23, 2026



8.99 /lb

regularly 9.99/lb

Outpost
Specialty Beef Burger Patties
Assorted varieties



3.79

regularly 4.29

Pretzilla
Pretzel Hamburger Buns
Milwaukee, WI
12.8 oz • 4 pack



6.99

regularly 7.99

Usinger's
Uncured Applewood
Smoked Bacon
Original or Sugar-free
Milwaukee, WI • 12 oz



2.99 /lb

regularly 4.99/lb

Organic
Red or Black Plums
California grown



2 for \$5

regularly 3.99/ea

Pineapples
Honduras grown



4 for \$7

regularly 1.99/ea

Top Note
Tonic, Soda, or Mixers
Milwaukee, WI
10 oz



3.49 /ea

regularly 3.99/ea

Outpost
Lemon Little Oaties
Classic or Wheat-free



OUTPOST CO-OP

MILWAUKEE | BAY VIEW | WAUWATOSA | MEQUON

*SALES GOOD WHILE SUPPLIES LAST

coop deals

JUN 17 - JUN 30, 2026

fizzy flavors

Bring in the summer with exciting BOGO sales at the co-op, including Nixie's Sparkling Waters. It's a great time to stock up - have them chilled and ready for outdoor parties, beach time or just relaxing any time of day.



Buy One, Get One

FREE

Nixie
Organic Sparkling Waters
8 pk.-12 fl. oz. cans



Buy One, Get One

FREE

Annie's
Organic Fruit Snacks
7 oz.



Buy One, Get One

FREE

Beyond
Plant-based Burger Patties
8 oz.



Buy One, Get One

FREE

Bizzy
Organic Cold Brew Coffees
48 fl. oz.



Buy One, Get One

FREE

more offers inside!





BO GO

Buy One, Get One
FREE

Field Roast
Plant-based Sausages,
Hot Dogs or Frankfurters
8-12.95 oz.



BO GO

Buy One, Get One
FREE

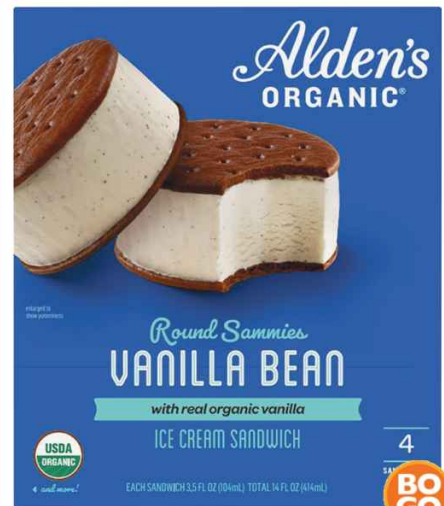
Bitchin' Sauce
Almond Dips
7-8 oz.



BO GO

Buy One, Get One
FREE

C2O
Coconut Waters
17.5 fl. oz.



BO GO

Buy One, Get One
FREE

Alden's Organic
Frozen Novelties
9-21 fl. oz

Perfect summer BOGOs are at the co-op.

COOPERATIVELY OWNED



5.79

Organic Valley
Oat Creamer
32 fl. oz.
La Farge, WI



4.99

Organic Valley
Milk
64 fl. oz.
La Farge, WI



6.49

Organic Valley
Stringles
8 oz.
La Farge, WI



5.69

Organic Valley
Sliced Cheese
6 oz.
La Farge, WI



4.99

Violife
Just Like Slices
7.1 oz.
Provolone, Cheddar, &
Gouda varieties



5.49

Malk
Coconut Creamer
16 fl. oz.



4.39

Forager Project
Organic Sour
Cream
12 oz.



5.99

Treeline
Dairy-free French-style
Cashew Cheese
6 oz.
Herb Garlic & Creamy Scallion



5.49

Violife
Just Like Feta
8.1 oz.

Find farm-fresh options at the co-op.



7.29

Meyenberg
Plain Goat Yogurt
32 oz.

organic protein yogurt



Pure, simple fuel to keep you glowing. Made with organic coconut, plant protein and Danish probiotics, slowly cultured to thick, creamy perfection.

6.99 Cocojune
Organic Yogurt
16 oz.



every day low price

Our Organic Whole Milk contains Vitamin D, and calcium to help you and your family get their essential nutrients. Add it to your fruit smoothies, oatmeal, and batters.



4.29

Wild Harvest
Organic Whole Milk
64 fl. oz.



4.39

Califia Farms
Barista Blend
Plantmilk
32 fl. oz.

distinctively delicious



Indulgent cream top or good, honest, organic - two distinct yogurts, united by quality ingredients in every bite.

3.99
Brown Cow
Cream Top Yogurt
32 oz.



4.79
Stonyfield Organic
Yogurt
32 oz.

Find creamy and delicious yogurt at the co-op.

Some items may not be available at all stores or on the same days



4.99

Applegate
Uncured Turkey
Hot Dogs
10 oz.



5.49

Applegate
Uncured Beef
Hot Dogs
10 oz.



6.49

Smart Chicken
Tenderloins
per lb.



4.49

Violife
Spinach Artichoke Dip
7.05 oz.



5.79

Meyenberg
Goat Milk
32 fl. oz.



5.69

Sambazon
Organic Acai
Superfruit Packs
4pk. - 100g



3.99

Rebbl
Organic Functional
Beverages
12 fl. oz.

The co-op has deals for grilling and chilling.

Some items may not be available at all stores or on the same days



3.99

Lightlife
Smart Dogs
12 oz.



5.39

Field Roast
Plant-based Cheese
7 oz.



6.49

Field Roast
Plant-based Appetizers
10 oz.

←
*plant-based
summer
essentials*

Lightlife and Field Roast are the perfect summer companion! Try our plant-based favorites at your next get-together for a flavorful, protein-packed addition to any dish.



4.99

Lightlife
Organic
Tempeh
Strips
6-7 oz.



5.99

Against the Grain
Pizza Crust
12.3 oz.



10.99

Against the Grain
Gluten & Grain-free
Pizza
22.4-24 oz.



7.99

Beyond
Plant-based Ground Beef
& Sausages
16 oz.



INCLUSIVE TRADE PARTNER

Deep Indian Kitchen is owned by a third-generation Indian American family. We pride ourselves on being an authentic, restaurant-quality brand. All items are family recipes made from scratch.



5.49

Deep Indian Kitchen
Entrée or Samosas
9-12 oz.

The co-op has your frozen favorites.



2/\$4

Rxbar Protein Bars
1.83 oz.



2/\$5

Epic Meat Bars
1.3-1.5 oz.



4.79

Simple Mills Soft-baked Bars
5 pk.-1.19 oz.



4.49

Justin's Peanut Butter
16 oz.



4.39

Mom's Best Cereals
17.5-24 oz.
Northfield, MN



COOPERATIVELY OWNED



10.99

Equal Exchange Organic Regular Roast Coffee
10-12 oz.

indulgent protein

Whether you're fighting off mid-day hunger or need a boost to aid in post-workout muscle recovery, you deserve a protein source that promotes recovery and tastes good.



3/\$7

Probar Protein Bars
2.46 oz.
Select varieties

INCLUSIVE TRADE PARTNER

Purely Elizabeth is a woman-owned company. Elizabeth started Purely Elizabeth to make delicious food with nourishing ingredients to help you thrive on your wellness journey.



5.39

Purely Elizabeth Cereal
11 oz.

Stock up on breakfast options from the co-op.

INCLUSIVE TRADE PARTNER

ALO Drink is an Asian-owned company. We source non-GMO aloe vera plants from sustainable farms in Thailand and provide rural communities with economic value.



2/\$4

Alo
Aloe Vera Juice Drinks
16.9 fl. oz.
Select varieties



2.39

San Pellegrino
Sparkling Mineral
Water
25.3 fl. oz.



2/\$3

Annie's
Mac & Cheese
5.25-6 oz.



4.99

Maille
Mustard
7-9.4 oz.

SAVE \$1.00
ON OUR OVEN
ROASTED CHICKEN



EVERY WEDNESDAY!



Make your favorite meals with quality ingredients.
Visit the co-op's budget-friendly bulk section.



6.99

Bob's Red Mill
Organic
Unbleached
White Flour
5 lbs.



everyday low price

11.99

Field Day
Refined
Avocado Oil
16.9 fl. oz.



17.99

California Olive
Ranch
Global Blend Extra
Virgin Olive Oil
25.4 fl. oz.

scoop up the savings in bulk!



9.99

Sierra Orchards
Organic Walnut
Halves & Pieces
per pound in bulk



2.39

Organic Red
Lentils
per pound in bulk



1.79

Organic Millet
per pound in bulk



Find all your cooking ingredients at the co-op.



2.99

**Santa Cruz Organic
Lemonade**
32 fl. oz.
Select varieties



2/\$3

Ito En
Sencha Shot
6.4 fl. oz.



4.99

**Tate's Bake Shop
Cookies**
5.5-8 oz.



4.39

**Back to Nature
Cookie Sandwich
Cremes**
8.3-9 oz.

COOPERATIVELY OWNED



3.99

**Blue Diamond
Nut Thins**
3.75-4.25 oz.
Select varieties



4.49

**Siete
Grain-free
Tortilla Chips**
5 oz.
Select varieties



4.99

**Garden of Eatin'
Red Hot Blues
Tortilla Chips**
14 oz.



5.99

**Zevia
Zero Sugar Soda**
6 pk.-12 fl. oz. cans



4.99

**Back to Nature
Fudge Mint
Cookies**
5.5-7.7 oz.



3.99

**Annie's
Snack Bar Rice
Crisp Treat**
3.9 oz.

The co-op has on-the-go snacks.



10.99

Country Life
Easy Iron 25mg
90 ct.



*the ultimate
digestive upgrade*

Vegan and kosher certified, Digest Gold is the #1 selling digestive enzyme formula. Formulated with our exclusive Thera-blend® technology and 14+ enzymes. Contains no artificial colors, fillers or flavors.

17.99

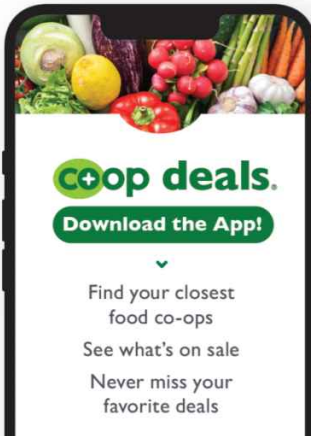
Enzymedica
Digest Gold
45 ct.



6.99

Spry
Chewing Gum
100 ct.

Never miss your
favorite deals



Already an app user? Be sure to update to the latest version on the Apple App or Google Play store.



18.99

Nordic Naturals
CoQ10 Gummies
60 ct.

Download the Co+op Deals app today!



4.99

Nubian Heritage
Bar Soap
5 oz.



5.49

Acure
Shampoo or Conditioner
8 fl. oz.



9.99

Schmidt's
Deodorant
2.65 oz.



2.29

Sappo Hill
Glycerine
Crème Soap
3.5 oz.



3.99

Crystal
Deodorant
Body Spray
4 fl. oz.



9.99

Quantum Health
Buzz Away
Extreme
4 fl. oz.



upgrade your laundry day

Our laundry detergent is made with biobased ingredients and tested on your toughest stains. So, you get the clean clothes you expect, and the peace of mind you deserve.

13.99

Seventh Generation
Liquid Laundry
Detergent
23.1-90 fl. oz.



Sustainable options are at the co-op.

Grab & Go...anywhere this summer!

smoothies • juices • coffee, tea & more
sandwiches • soups • garden & grain salads



MILWAUKEE

100 E. Capitol Dr.
414-961-2597

WAUWATOSA

7000 W. State St.
414-778-2012

BAY VIEW

2826 S. Kinnickinnic
414-755-3202

MEQUON

7590 W. Mequon Rd.
262-242-0426

outpost.coop

s'mores - simply delicious



Everything you need for a classic campfire treat, on sale at the co-op!



3.49

Dandies
Marshmallows
10 oz.
Select varieties



3.99

Endangered Species
Chocolate Bar
3 oz.



4.29

Annie's
Organic Graham
Crackers
14.4 oz.



Scan the QR code to learn more about the quality and values represented by these symbols.



Some items may not be available at all stores or on the same days.



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