

coop deals

AUGUST 6 - 12, 2025



OUTPOST
TUNA VEGETABLE PASTA SALAD
SAVE 1.50/LB



ANNIE'S
SALAD
DRESSING
SELECT VARIETIES
• 8 OZ



2 for 8.00



ANNIE'S
SNACK
MIX
ORIGINAL OR CHEDDAR • 9 OZ



2 for 8.00



ANNIE'S
CRACKERS
SELECT
VARIETIES
• 7.5 OZ



2 for 8.00



ANNIE'S
PIZZA POPPERS
PEPPERONI OR 3 CHEESE • 6.8 OZ
2 for 8.00



MILESTON
COOPERATIVE
WATERMELON
WITH SEEDS
MISSISSIPPI GROWN • BLACK-OWNED

**CUTS .59/LB
WHOLE 10.99/EA**



ALSUM'S
BICOLOR SWEET CORN
RANDOLPH, WI

6 for 3.00



ORGANIC
BLUEBERRIES
OREGON GROWN

2.99/PINT



ORGANIC
COLORADO PEACHES
COLORADO GROWN

3.49/LB

*Great
flavor!*



CHOBANI
GREEK YOGURT
ASSORTED VARIETIES • 5.3 OZ

4 for 5.00



ORGAIN
VEGAN
PROTEIN
SHAKES
CHOCOLATE OR
VANILLA • 11 OZ

2 for 6.00



JOLLY LLAMA
SORBET POPS OR
CARAMEL CHOCOLATE
ICE CREAM CONES
GLUTEN-FREE • VEGAN
• 11 - 14.25 OZ

2 for 9.00

HARVEST
SNAPS
BAKED
SNACK
CRISPS
GLUTEN-FREE • 3.3 OZ

2 for 4.00



**we made
you dinner!**

AUGUST 6 - 12

Butter Chicken

Zucchini Feta Bake

Sweet Potato Coconut Dal

4-Cheese Mac & Cheese

Vegan Mac & Cheese



More Deals at
outpost.coop/shop



ALBA BOTANICA
ACNEDOTE
FACE & BODY SCRUB
8 OZ

5.99



TOM'S OF MAINE
MOUTHWASH
16 OZ

5.39

TOM'S OF MAINE
TOOTHPASTE
SELECT VARIETIES
• 4 OZ

5.99



NORDIC
NATURALS
VITAMIN C GUMMIES
60 CT

SAVE 6.00



owners save more

SUPER DEALS FOR OUTPOST OWNERS!

AUGUST 6 - 12, 2025

Case of 12
for \$35.88!

MOUNTAIN
VALLEY
SPRING
WATER
BOTTLED IN
ARKANSAS • 1 L



~~3.99~~ **2.99**
OWNERS SAVE 1.00

FENTIMANS
SODA
SELECT
VARIETIES
• 4 PK OF
9.3 OZ BOTTLES



~~10.99~~ **4.99**
OWNERS SAVE 6.00



EIFFEL TOWER
BABY BRIE OR
BABY CAMEMBERT
7 OZ

~~6.29~~ **4.99**
OWNERS SAVE 1.30

ISOLA
CROSTINI
CRACKERS
7 OZ



~~3.89~~ **2.99**
OWNERS SAVE .90



FUNKY FRESH
SPRING ROLLS
MILWAUKEE, WI • 3 PK • 9 OZ

~~7.99~~ **6.99**
OWNERS SAVE 1.00



ORGANIC CELERY
CALIFORNIA GROWN

~~1.69/LB~~ **.99/LB**
OWNERS SAVE .70/LB



ORGANIC CAULIFLOWER
CALIFORNIA GROWN

~~2.99/LB~~ **1.99/LB**
OWNERS SAVE 1.00/LB



ORGANIC BROCCOLINI
CALIFORNIA GROWN

~~2.99/BUNCH~~ **1.99/BUNCH**
OWNERS SAVE 1.00/BUNCH



ORGANIC
RED OR YELLOW POTATOES
CALIFORNIA GROWN

~~1.99/LB~~ **1.69/LB**
OWNERS SAVE .30/LB



DAVID'S
HYDROXI
MOUTHWASH REFILL KIT

~~14.99~~ **11.99**
OWNERS SAVE 3.00



OUTPOST
OMEGA-3
ONCE DAILY
90 CT

~~37.19~~ **29.19**
OWNERS SAVE 8.00



OUTPOST
METHYL
B-12
5000 MCG
60 CT

~~24.39~~ **19.39**
OWNERS SAVE 5.00



OUTPOST
MAGTEIN
MAGNESIUM
L-THREONATE
90 CT

~~40.79~~ **30.79**
OWNERS SAVE 10.00



OUTPOST
GINKGO
BILOBA
60 MG
120 CT

~~23.39~~ **18.39**
OWNERS SAVE 5.00



WISCONSIN MEADOWS
GRASSFED BEEF
NEW YORK STRIP
VIROQUA, WI

~~19.99/LB~~ **16.99/LB**
OWNERS SAVE 3.00/LB



OUTPOST
CHICKEN
ITALIAN SAUSAGE

~~7.99/LB~~ **5.99/LB**
OWNERS SAVE 2.00/LB

ISOLA
CANNED
CHERRY
TOMATOES
GLUTEN-FREE • VEGAN • 14 OZ



~~2.69~~ **1.99**
OWNERS SAVE .70



ORGANIC
PINE NUTS
BULK PACK • 4 OZ

~~9.99~~ **7.99**
OWNERS SAVE 2.00

Let's own a
grocery store
together!

outpost.coop/join





Milwaukee
100 E. Capitol Dr.
414-961-2597

Wauwatosa
7000 W. State St.
414-778-2012

Bay View
2826 S. Kinnickinnic
414-755-3202

Mequon
7590 W. Mequon Rd.
262-242-0426

outpost.coop

**Shop online –
click here**

**Become an owner –
click here**

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

**COLECTIVO
GRANOLA**
BULK BIN • MILWAUKEE, WI

7.99/lb ~~8.99/lb~~
OWNERS SAVE 1.00/lb



**CHOCOLAKE
KUNAFI PISTACHIO**
DUBAI-INSPIRED CHOCOLATE BAR • FROM
AMMAN, JORDAN • THE REAL DEAL • 6.7 OZ

6.99 ~~9.99~~
OWNERS SAVE 3.00



**DELALLO
ORZO PASTA**
SEMOLINA, WHOLE WHEAT, OR GLUTEN-FREE VARIETIES • 12-16 OZ

3.29-4.29 ~~4.99-5.79~~
OWNERS SAVE 1.00-2.10

**CADIA EVERYDAY
PICKLES**
24-24.3 OZ

2.99 ~~4.99~~
OWNERS SAVE 2.00

**OUTPOST
ORGANIC CRACK OF DAWN
TRAIL MIX**
BULK BIN



11.99/lb ~~13.99/lb~~
OWNERS SAVE 2.00/lb

**ORGANIC ROASTED SALTED
IN-SHELL PISTACHIOS**
BULK BIN



9.99/lb ~~13.99/lb~~
OWNERS SAVE 4.00/lb

*All sale items are while supplies last. Sale items may not be available in all stores.
Priced as marked unless otherwise noted. We reserve the right to limit purchase quantities.*

August 6-12, 2025

coop deals[®] *for Everyone!*

MEAT & SEAFOOD

BELL & EVANS
NATURAL BONELESS SKINLESS
CHICKEN THIGHS

5.49/lb

BELL & EVANS
NATURAL BONELESS SKINLESS
CHICKEN BREAST CUBES

16 OZ

7.99

WISCONSIN MEADOWS
GRASSFED GROUND BEEF
VIROQUA, WI • 1 LB PILLOW PACK

8.29



BULK GROCERY

ANODYNE
LOCALLY ROASTED COFFEE
MILWAUKEE, WI • PER LB, PODS, OR 12 OZ

SAVE 1.00



TIERRA FARMS
ORGANIC ROASTED
SUNFLOWER SEEDS
BULK BIN • SALTED OR UNSALTED

5.99/lb



DOUDLAH FARMS
ORGANIC GREAT
NORTHERN BEANS
BULK BIN • EVANSVILLE, WI

3.29/lb



SUNRIDGE FARMS
ORGANIC BLUEBERRY OR
RASPBERRY GRANOLA
BULK BIN

5.99/lb



WALNUT HALVES & PIECES
BULK BIN

5.49/lb

ORGANIC SWEETENED
BANANA CHIPS
BULK BIN

3.79/lb



REFRIGERATED & FROZEN GROCERY

BOAR'S HEAD
GREEK YOGURT DIPS
12 OZ

3.99

TOFURKY
PLANT-BASED DELI SLICES
VEGAN • 5.5 OZ

3.99

MUSH
OVERNIGHT OATS
GLUTEN-FREE, VEGAN • 5 OZ

1.79



JUST
PLANT-BASED SCRAMBLE
GLUTEN-FREE, VEGAN • 16 OZ

6.49

August 6-12, 2025

coop deals[®] *for Everyone!*

REFRIGERATED & FROZEN GROCERY

GT'S
ALIVE MUSHROOM ELIXIR
16 FL OZ

2 for 6.00



KEVITA
SPARKLING PROBIOTIC REFRESHER
12 OZ

2 for 4.00

CALIFIA FARMS
UNSWEETENED VANILLA ALMOND MILK
GLUTEN-FREE, VEGAN • 48 OZ

3.99

SO DELICIOUS
COCONUT MILK
GLUTEN-FREE, VEGAN • 64 OZ

4.99

MEYENBERG
PLAIN GOAT KEFIR
32 OZ

7.39

JUST
FROZEN FOLDED OMELETTE
GLUTEN-FREE, VEGAN • 8 OZ/4 PK

4.99

NATURE'S PATH
GLUTEN-FREE FROZEN WAFFLES
7.4 OZ

2 for 6.00



CASCADIAN FARM
FROZEN FRUIT
SELECT VARIETIES • 10 OZ

2 for 8.00



EVOL
FROZEN BURRITOS
6 OZ

2.29

DR PRAEGER'S
VEGGIE BURGERS
VEGAN • 10 OZ

4.49

DAIYA
PLANT-BASED FROZEN PIZZA
GLUTEN-FREE, VEGAN • 15.7-19.4 OZ

6.99

AMY'S
FROZEN PIZZA
SELECT VARIETIES • 11-13.5 OZ

8.99

SO DELICIOUS
PLANT-BASED ICE CREAM
SELECT VARIETIES • VEGAN • 16 OZ

4.99

JONNY POPS
FROZEN POPS
RAINBOW, BLUE WAVE OR WATERMELON •
GLUTEN-FREE • 14.8 OZ/8 PK

5.49



SAMBAZON
SUPERFRUIT SMOOTHIE PACK
GLUTEN-FREE, VEGAN • 3.5 OZ/4 PK

5.49

August 6-12, 2025

coop deals[®] *for Everyone!*

PACKAGED GROCERY

KOOPS' MUSTARD

DUSSELDORF, WHITE WINE DIJON, OR HONEY DIJON
• PLEASANT PRAIRIE, WI • 12 OZ

2.99



KOOPS' MUSTARD

YELLOW, STONE GROUND, DIJON, OR
SPICY BROWN • PLEASANT PRAIRIE, WI
• 12 OZ

3.29



SAZ'S BBQ SAUCE

ORIGINAL OR SASSY • GLUTEN-FREE •
MILWAUKEE, WI • 28 OZ

4.99



SAFE CATCH ELITE PURE TUNA

WILD CAUGHT • LOWEST MERCURY OF ANY BRAND • 5 OZ

2 for 6.00

NAPA VALLEY NATURALS EXTRA VIRGIN OLIVE OIL

25 OZ

15.99



MARUKAN RICE VINEGAR

GLUTEN-FREE, VEGAN • 12 OZ

3.29



ONE DEGREE ORGANICS BROWN RICE CRISP CEREAL

SPROUTED • ORIGINAL OR CACAO • GLUTEN-FREE,
VEGAN • 8 OZ

4.49



ONE DEGREE ORGANICS SPROUTED ROLLED OATS

GLUTEN-FREE, VEGAN • 24 OZ

5.99



SEVEN SUNDAYS LITTLE CRISPIES SORGHUM CEREAL

HONEY ALMOND, CINNAMON TOAST, OR
COCOA CRUNCH • GLUTEN-FREE • 8 OZ

5.99



SEVEN SUNDAYS GRAIN FREE CEREAL

COCOA, BERRY, OR MAPLE SEA SALT • 8 OZ

5.99

CASCADIAN FARM CEREAL, GRANOLA, OR GRANOLA BARS

SELECT VARIETIES • 9.2 OZ

2 for 8.00



OCEAN'S HALO ORGANIC BROTH

FOR RAMEN OR PHO • GLUTEN-FREE, VEGAN •
32 OZ

4.99



NEAR EAST RICE PILAF OR COUSCOUS

4.7-7 OZ

3 for 7.00

KOYO RAMEN NOODLES

2-2.1 OZ

5 for 6.00

August 6-12, 2025

coop deals[®] *for Everyone!*

PACKAGED GROCERY

EPIC SNACK STRIPS

WAGYU, VENISON, SALMON, OR CHICKEN SRIRACHA • 0.8 OZ

2 for 3.00

EPIC MEAT BARS

PORK, BISON, BEEF, VENISON, & CHICKEN VARIETIES • 1.3 OZ

2 for 5.00

LATE JULY TORTILLA CHIPS

MULTIGRAIN OR SEASONED VARIETIES • 7.5-7.8 OZ

3.99

QUE PASA TORTILLA CHIPS

YELLOW CORN • GLUTEN-FREE, VEGAN • 11 OZ

2 for 7.00



WASA CRISPBREAD CRACKERS

ORIGINAL OR SESAME • GLUTEN-FREE • 5.4-6.1 OZ

3.99

WASA CRISPBREAD CRACKERS

MULTIGRAIN, LIGHT RYE, SOURDOUGH RYE, OR 7 GRAIN • 4.9-8.8 OZ

2.99

ANNIE'S CHEDDAR CHEESY SMILE PUFFS

GLUTEN-FREE • 4 OZ

2 for 7.00



ANNIE'S GRAHAM CRACKERS

HONEY OR CINNAMON • 14.4 OZ

4.49



ANNIE'S BUNNY FRUIT SNACKS

GLUTEN-FREE • 7 OZ

4.49



NATURE'S BAKERY FIG BARS

2 OZ

99¢



LARABAR SNACK BARS

1.6-1.7 OZ

4 for 5.00

GO MACRO SNACK BARS

GLUTEN-FREE, VEGAN • VIOLA, WI • 1.8-2.5 OZ

2 for 5.00



SIMPLE MILLS SNACK BARS

SOFT BAKED • GLUTEN-FREE • 6PK /5.99 OZ

4.49

August 6-12, 2025

coop deals[®] *for Everyone!*

PACKAGED GROCERY

EQUAL EXCHANGE
CHOCOLATE BARS

FAIR TRADE • 2.8-3.5 OZ

3.99



CHOCOLOVE
CHOCOLATE BARS

3.2 OZ

2 for 6.00

NUTPODS
NON-DAIRY CREAMERS

SHELF STABLE • UNSWEETENED • FRENCH VANILLA, ORIGINAL, OR
HAZELNUT • GLUTEN-FREE, VEGAN • 11.2 OZ

2.99

ALO
ALOE VERA DRINK

GLUTEN-FREE, VEGAN • 16.9 OZ

2 for 4.00

NIXIE
SPARKLING WATER

8 PK OF 12 OZ CANS

4.49



IZZE
SPARKLING JUICE DRINK

BLACKBERRY, CLEMENTINE, OR MANGO • 6 PK OF 8.4 OZ CANS

5.99

C20
COCONUT WATER

WITH OR WITHOUT PULP • 17.5 OZ

1.79

LAKEWOOD
JUICE

PURE PINEAPPLE OR ORGANIC MANGO • 32 OZ

4.99

CLEAN CAUSE
SPARKLING YERBA MATE BEVERAGE

16 OZ

2.29



SAMBAZON
AMAZON ENERGY DRINK

VEGAN • 12 OZ

2.19



PERSONAL & WELLNESS CARE

FOUR SIGMATIC
PLANT-BASED VANILLA PROTEIN

21.16 OZ

SAVE 16.00



FOUR SIGMATIC
THINK MUSHROOM COFFEE

10 OZ

SAVE 8.00



SIMPLY TERA'S
RBGH FREE VANILLA WHEY PROTEIN POWDER

12 OZ

SAVE 5.00

WHOLE EARTH & SEA
WOMEN'S MULTI

60 CT

SAVE 9.00

August 6-12, 2025



PERSONAL & WELLNESS CARE

ALBA BOTANICA
ACNEDOTE PIMPLE PATCH

4 CT

5.99

ALBA BOTANICA
UNSCENTED BODY LOTION

32 OZ

10.99

ALBA BOTANICA
SPF 30 SUNBLOCK

4 OZ

7.99

BADGER BALM
MINERAL SUN SPF 40 SPORT CREAM

2.9 OZ

11.99

inclusive
trade

DR BRONNER'S
PEPPERMINT TOOTHPASTE

5 OZ

4.99

TOM'S OF MAINE
LAVENDER DEODORANT STICK

3.25 OZ

7.99

CRYSTAL ESSENCE
CHAMOMILE GREEN TEA ROLL ON DEODORANT

2.25 OZ

3.79

CRYSTAL ESSENCE
LAVENDER ROLL-ON DEODORANT

2.25 FL OZ

3.79

NUBIAN HERITAGE
INDIAN HEMP DEODORANT

2.25 OZ

6.99

EO
EVERYONE LIQUID SOAP

32 OZ

7.99

August 6-12, 2025



HOUSEHOLD

CABOO
TREE-FREE PAPER TOWELS
3 ROLLS

8.49

CABOO
TREE-FREE BATH TISSUE
9 ROLLS

8.49

ECOS
DISHMATE
25 OZ

3.79

inclusive
trade

ECOS
DISHWASHER GEL
FREE & CLEAR OR LAVENDER • 40 OZ

5.29

inclusive
trade

BIOKLEEN
BAC OUT ENZYME CLEANER
32 OZ

8.99

IF YOU CARE
PAPER SANDWICH BAGS
48 CT

5.49

*All sale items are while supplies last. Sale items may not be available in all stores.
Priced as marked unless otherwise noted. We reserve the right to limit purchase quantities.*

August 6-12, 2025