

coop deals®

JULY 16-22, 2025



ORGANIC SWEET RED CHERRIES
WASHINGTON GROWN
2.99/LB



BETTER WAY
ORGANIC BLUEBERRIES
SOUTH HAVEN, MICHIGAN
4.99/PINT

First of the Season!



ORGANIC CANTALOUPE, GALIA, OR HONEYDEW MELONS
CALIFORNIA GROWN
3.99/EA



ORGANIC GREEN OR RED SEEDLESS GRAPES
CALIFORNIA GROWN
3.99/LB



LACROIX
SPARKLING WATER
LA CROSSE, WI • 12 FL OZ • 12 PK
5.49



OUTPOST
FRENCH PICNIC SANDWICH
6.99/EA



WISCONSIN MEADOWS
GRASSFED BEEF BRISKET
VIROQUA, WI
9.99/LB



BETWEEN MEAT
PLANT-BASED SAUSAGE
BRAT, HOT ITALIAN, OR ITALIAN
• GLUTEN-FREE • VEGAN • 14 OZ
7.49



BELL & EVANS
NATURAL CUT CHICKEN WINGS
4.99/LB



CLIF BAR
SNACK BARS
2.4 OZ
3 for 5.00



BLUE DIAMOND
ALMOND BREEZE
GLUTEN-FREE • VEGAN • 64 OZ
2 for 7.00



ORGANIC RAW ALMONDS
CALIFORNIA GROWN • STEAM PASTEURIZED • BULK BIN
7.99/LB



RISE BREWING COMPANY
NITRO COLD BREW BEVERAGE
SELECT VARIETIES • 7 OZ
2 for 5.00



we made you dinner!

JULY 16-22

Italian Sausage Lasagna

Chicken & Shrimp Jambalaya

Red Curry Lentil



4-Cheese Mac & Cheese



Vegan Mac & Cheese



More Deals at
outpost.coop/shop



GIOVANNI
TEA TREE SHAMPOO & CONDITIONER
8-8.5 OZ
5.99



GIOVANNI
CASTOR OIL SHAMPOO & CONDITIONER
13.5 OZ
7.49



CELESTIAL SEASONINGS
HERBAL TEAS
SELECT VARIETIES • 20 CT
2 for 7.00



TRU EARTH
ECO LAUNDRY STRIPS
32 CT
11.99

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

JULY 16-22, 2025



ORGANIC
SLICER TOMATOES
MINNESOTA GROWN

~~3.99/LB~~ **3.69/LB**
OWNERS SAVE .30/LB



ORGANIC
BLACK GARLIC
WISCONSIN GROWN
& PROCESSED • 2 BULB PACK

~~5.99~~ **4.99**
OWNERS SAVE 1.00



ORGANIC
COLLARD GREENS
WISCONSIN GROWN

~~2.69/BUNCH~~ **1.69/BUNCH**
OWNERS SAVE 1.00/BUNCH



ORGANIC
CELERY
CALIFORNIA
GROWN

~~1.69/LB~~ **1.29/LB**
OWNERS SAVE .40/LB



local



**FREE 12 OZ
DRIP COFFEE**

GET A FREE CUP OF LOCAL SUGAR LEAF DRIP COFFEE
WITH A PURCHASE OF ANY OUTPOST BREAKFAST SANDWICH



OUTPOST
GRASSFED
COLLAGEN
PEPTIDES
14.1 OZ

~~33.69~~
27.69
OWNERS SAVE 6.00



KLEAN KANTEEN
OUTPOST
CO-OP
INSULATED
TUMBLER
20 OZ

~~29.99~~
24.99
OWNERS SAVE 5.00



BOAR'S HEAD
GREEK
YOGURT
DIPS

GLUTEN-FREE • 12 OZ
~~4.99~~ **3.99**
OWNERS SAVE 1.00



CHOCOLAKE
KUNAFI
PISTACHIO
DUBAI-INSPIRED
CHOCOLATE BAR •
AMMAN, JORDAN
• 6.7 OZ

~~9.99~~ **6.99**
OWNERS SAVE 3.00



DEVALLO
ORZO
PASTA
SEMOLINA,
WHOLE WHEAT,
OR GLUTEN-
FREE VARIETIES
• 12-16 OZ

~~4.99-5.79~~
3.29-4.29
OWNERS SAVE 1.00-2.10



SILVER
HILLS
SPROUTED BURGER BUNS
13.7 OZ

~~5.99~~ **4.99**
OWNERS SAVE 1.00



OUTPOST
FRESH SPECIALTY
TURKEY BURGERS
SELECT VARIETIES

~~7.99/LB~~ **5.99/LB**
OWNERS SAVE 2.00/LB



WISCONSIN MEADOWS
GRASSFED BEEF
TENDERLOIN FILET
VIROQUA, WI • 6 OZ PK

~~18.99~~ **16.14**
OWNERS SAVE 15%



BETTER WOOD
PRODUCTS
HARDWOOD
LUMP
CHARCOAL

~~11.99~~
9.99
OWNERS SAVE 2.00



GRANDY
ORGANICS
ORGANIC HIGH
ANTIOXIDANT TRAIL MIX
BULK BIN

~~16.99/LB~~ **12.99/LB**
OWNERS SAVE 4.00/LB



TRUVANI
VEGAN
PROTEIN POWDER
SELECT VARIETIES • .99-1.44 OZ

~~4.99~~ **3.99**
OWNERS SAVE 1.00



ORGANIC
CHIA SEEDS
BULK BIN

~~9.99/LB~~ **6.99/LB**
OWNERS SAVE 3.00/LB



FRESH IS BEST
PET FOOD & TREATS
MILWAUKEE, WI • 3.5 OZ

LINE DRIVE:
OWNERS SAVE 15%

Let's own a
grocery store
together!

outpost.coop/join





Milwaukee
100 E. Capitol Dr.
414-961-2597

Wauwatosa
7000 W. State St.
414-778-2012

Bay View
2826 S. Kinnickinnic
414-755-3202

Mequon
7590 W. Mequon Rd.
262-242-0426

outpost.coop

**Shop online –
click here**

**Become an owner –
click here**

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

ISOLA
BALSAMIC VINEGAR
3 LEAF AGED • 8.4 OZ

5.99 ~~6.99~~ **OWNERS SAVE 1.00**

ISOLA
GRISSINI BREADSTICKS
7.75 OZ

3.99 ~~4.79~~ **OWNERS SAVE 80¢**

GRANDY ORGANICS
ORGANIC CLASSIC GRANOLA
BULK BIN

6.99/lb ~~9.79/lb~~
OWNERS SAVE 2.80/lb



GRANDY ORGANICS
ORGANIC COCONOLA GRANOLA
BULK BIN

12.99/lb ~~15.99/lb~~
OWNERS SAVE 3.00/lb



GUITTARD CHOCOLATE
FAIR TRADE CHOCOLATE CHIPS
11.5 OZ

5.99 ~~7.99~~ **OWNERS SAVE 2.00**



BAGELS FOREVER
NEW YORK STYLE BAGELS
MADISON, WI • 4 CT

1.89 ~~2.09~~
OWNERS SAVE 20¢



MOSS
SEA MOSS BEVERAGE
MANGO GINGER OR POMEGRANATE • WITH 13,000 MG SEA MOSS •
TASTES GREAT! • 12 OZ

2 for 5.00 ~~4.29~~
OWNERS SAVE 1.79

July 16 - 22, 2025

coop deals[®] *for Everyone!*

MEAT & SEAFOOD

SMART CHICKEN
NATURAL BONELESS SKINLESS
CHICKEN BREAST

5.99/lb

FARM-RAISED FRESH TILAPIA FILLETS

9.99/lb

BULK GROCERY

SVEN'S
LOCALLY ROASTED COFFEE
MILWAUKEE, WI • 12 OZ

SAVE 1.00



TIERRA FARMS
FAIR TRADE ORGANIC
ROASTED FLAVORED CASHEWS
BULK BIN

SAVE 2.00/lb



TIERRA FARMS
ORGANIC BRAZIL NUTS
BULK BIN

SAVE 4.00/lb



MEADOWLARK ORGANICS
DAKOTA BLACK POPCORN
BULK BIN • RIDGEWAY, WI

3.49/lb



ORGANIC FRENCH GREEN LENTILS
BULK BIN

2.99/lb



ORGANIC LONG GRAIN RICE
BROWN OR WHITE • BULK BIN

1.99/lb



REFRIGERATED GROCERY

BITCHIN'
SAUCE
ORIGINAL, CILANTRO CHILI, OR CHIPOTLE • GLUTEN-FREE, VEGAN
• 8 OZ

4.99

ORGANIC VALLEY
GRASSMILK
WHOLE, 2%, OR FAT FREE •
LA FARGE, WI • 64 OZ

6.39



FAGE
TOTAL GREEK YOGURT
32 OZ

5.99

OATLY
OATMILK
GLUTEN-FREE, VEGAN • 64 OZ

4.49

BIZZY
COLD BREW
MINNEAPOLIS, MN • 48 OZ

5.99



POP & BOTTLE
PLANT-BASED
ALMOND LATTES
GLUTEN-FREE, VEGAN • 11 OZ

2 for 7.00



July 16 - 22, 2025

coop deals[®] *for Everyone!*

FROZEN GROCERY

ALDEN'S
VANILLA ICE CREAM SANDWICH

4 PK/14 OZ

5.49



GARDEIN
ULTIMATE CHIK'N FILETS OR TENDERS

VEGAN • 15 OZ

7.49

HOME RUN INN
CLASSIC FROZEN PIZZA

CHICAGO, IL • 27-33 OZ

7.99



PACKAGED GROCERY

ANNIE'S HOMEGROWN
MAC & CHEESE

6 OZ

2 for 6.00



BIONATURAE
SEMOLINA PASTA
ARTISAN DIE CUT • 16 OZ

2.69



BIONATURAE
TOMATOES

CANNED OR STRAINED • 24-28.2 OZ

2 for 7.00



BIONATURAE
PASTA

MADE WITH BROWN RICE • GLUTEN-FREE • 12 OZ

3.69



RAO'S HOMEMADE
PASTA SAUCE

24 OZ

7.49

GREEN MOUNTAIN GRINGO
SALSA

16 OZ

4.49

WILD PLANET
SARDINES

4.375 OZ

2.19

PATAGONIA PROVISIONS
CANNED MACKEREL

SELECT VARIETIES • 4.2 OZ

4.69

CALIFORNIA OLIVE RANCH
EXTRA VIRGIN OLIVE OIL

GLOBAL BLEND OR 100% CALIFORNIA GROWN • 25.4 OZ

16.99-22.99

SPECTRUM
OLIVE OIL

UNREFINED • 25.4 OZ

17.99



July 16 - 22, 2025

coop deals[®] *for Everyone!*

PACKAGED GROCERY

WOODSTOCK
PICKLES

24 OZ

5.49



GIMME SEAWEED
SEAWEED SNACKS

0.35 OZ

2 for 4.00

UNIQUE SNACKS
PUFFZELS SNACKS

GLUTEN-FREE, VEGAN • 4.8 OZ

2 for 7.00

FROM THE GROUND UP
CRACKERS

GLUTEN-FREE, VEGAN • 4 OZ

2 for 7.00

LUNA
SNACK BARS

1.69 OZ

2 for 3.00

MAGIC CHOCOLATE
CHOCOLATE BARS

2.93-3 OZ

3.79

BOB'S RED MILL
MUESLI

GREAT FOR OVERNIGHT OATS • 18 OZ

4.49



PAMELA'S
FIG BARS

GLUTEN-FREE • 9 OZ

4.99

SAN PELLEGRINO
SPARKLING WATER

750 ML

2.19

BLUE DIAMOND
ALMOND BEVERAGE

GLUTEN-FREE • 32 OZ

2 for 5.00

VITA COCO
COCONUT WATER

1 LITRE

3.99

VITA COCO
COCONUT WATER

16.9 OZ

2 for 4.00

RW KNUDSEN
RECHARGE BEVERAGE

ENHANCED WITH NATURALLY SOURCED ELECTROLYTES • ORANGE
OR LEMON FLAVOR • 32 OZ

2 for 5.00

RW KNUDSEN
JUST JUICE

TART CHERRY, POMEGRANATE, PRUNE, CRANBERRY, BLUEBERRY,
OR MANGO • 32 OZ

6.99

July 16 - 22, 2025

coop deals[®] *for Everyone!*

PACKAGED GROCERY

SANTA CRUZ
LEMONADE

32 OZ

2.79



POPPI
PREBIOTIC SODA POP

12 OZ

2 for 4.00

HOUSEHOLD

TRU EARTH
ECO STRIPS FRAGRANCE FREE
FABRIC SOFTENER

32 CT

11.99

TRU EARTH
DRYER BALLS

4 CT

14.99

PERSONAL & WELLNESS CARE

RAINBOW LIGHT
ONE VIBRANCE MULTI

60 CT

15.99

RISHI
SWEET MATCHA POWDER

4.4 OZ

5.99

SOLARAY
MAGNESIUM GLYCINATE 350

• 120 CT

15.99

SOLARAY
WOMEN'S MYCROBIOME PROBIOTIC

• 30 CT

33.99

SOLARAY
D-MANNOSE WITH CRANACTIN

60 CT

21.99

BHI HEEL
T-RELIEF XTRA STRENGTH CREAM

3 OZ

11.99

GIOVANNI
SMOOTH AS SILK SHAMPOO

8.5 OZ

5.99

inclusive
trade

GIOVANNI
SMOOTH AS SILK CONDITIONER

8 OZ

5.99

inclusive
trade

GIOVANNI
HAIR SPRAY

5 OZ

5.99

inclusive
trade

HIBAR
PLASTIC-FREE SOLID SHAMPOO
& CONDITIONER

2.9-3.2 OZ

8.49

July 16 - 22, 2025



PERSONAL & WELLNESS CARE

LILY OF THE DESERT
ALOE VERA GELLY

4 OZ

3.39

*All sale items are while supplies last. Sale items may not be available in all stores.
Priced as marked unless otherwise noted. We reserve the right to limit purchase quantities.*

July 16 - 22, 2025