

coop deals

JULY 9-15, 2025



BELL & EVANS
**NATURAL BONELESS
SKINLESS CHICKEN THIGHS**
4.99/LB



**ORGANIC
WATERMELON WITH SEEDS**
CALIFORNIA GROWN • WHOLE OR CUTS
.79/LB



**ORGANIC
SWEET RED CHERRIES**
WASHINGTON GROWN
3.99/LB



**ORGANIC
CANTALOUPE,
GALIA, OR
HONEYDEW
MELONS**
CALIFORNIA GROWN
3.99/EA



ORGANIC PEACHES
CALIFORNIA GROWN
3.99/LB



LOTUS FOODS
**ORGANIC
BROWN
OR WHITE
BASMATI RICE**
BULK BIN

SAVE 15%



TIERRA FARMS
**ORGANIC
ROASTED
FLAVORED
CASHEWS**
BULK BIN

SAVE 2.00/LB

GOODPOP
**DAIRY-FREE
FRUIT POPS**
ASSORTED
VARIETIES
• 4-8 PK



4.49



TALENTI
GELATO
ASSORTED
VARIETIES • 16 OZ

4.99



PASTURE
PRIDE
ORGANIC CHEESE
SELECT VARIETIES • 8 OZ

4.99



SIETE
FOODS
TORTILLA CHIPS
GRAIN-FREE • 5 OZ

2 for 8.00



FRONTERA
SALSA
CHICAGO, IL • 16 OZ

3.99



KETTLE
POTATO CHIPS
KETTLE COOKED • 13 OZ

4.49



**we made
you dinner!**

JULY 9-15

Hearty Chicken Stew

Roasted Vegetable Lasagna

Vg

Sweet & Sour Tofu

V Wf

4-Cheese Mac & Cheese

Vg

Vegan Mac & Cheese

V



More Deals at
outpost.coop/shop



LUNA BAY
**TEA MOCKTAIL
VARIETY PACK**
6 PK

13.99



BADGER BALM
**MINERAL
SUN SPF 40
SPORT CREAM**
2.9 OZ

11.99



ULTIMA
REPLENISHER
**ELECTROLYTE
DRINK MIX**
3.2 OZ

13.99

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

JULY 9-15, 2025



ORGANIC
HEIRLOOM TOMATOES
MINNESOTA GROWN

~~5.99/LB~~ **4.99/LB**
OWNERS SAVE 1.00/LB



100 ACRE
FRESH BASIL
MILWAUKEE GROWN
• 1 OZ

~~2.49~~
1.99
OWNERS SAVE .50



OUTPOST

LEMON CHEESECAKE BARS &
WHEAT-FREE RASPBERRY BARS

2.50/EA



ORGANIC
GARLIC
CALIFORNIA GROWN

~~6.99/LB~~ **5.99/LB**
OWNERS SAVE 1.00/LB



ORGANIC
PURPLE POTATOES
CALIFORNIA GROWN

~~1.99/LB~~ **1.69/LB**
OWNERS SAVE .30/LB



TIERRA FARMS
ORGANIC
PINE NUTS
BULK BIN

~~33.99/LB~~ **29.99/LB**
OWNERS SAVE 4.00/LB



DALLA TERRA
ARTISAN
PASTA
APPLETON, WI
• 10 OZ

~~8.99~~
6.99
OWNERS SAVE 2.00



GARDEN OF EDEN
KINGDOM LIVING
HOT SAUCE,
SEASONINGS,
DRESSINGS &
MARINADES
MILWAUKEE, WI • 10 OZ

~~6.99~~ **5.99**
OWNERS SAVE 1.00



SALVATORE'S
TOMATO PIES
JERSEY-STYLE
FROZEN PIZZA
MADISON, WI • 12 OZ - 15 OZ

~~11.99-14.99~~
10.99-13.99
OWNERS SAVE 1.00



DOUDLAH FARMS
ORGANIC WHITE OR
YELLOW POPCORN
EVANSVILLE, WI • BULK BIN

~~2.79/LB~~ **2.29/LB**
OWNERS SAVE .50/LB



LORINA
SPARKLING
BEVERAGE
PINK LEMONADE
OR BLOOD ORANGE
• 25.4 OZ

~~6.59~~
5.49
OWNERS SAVE 1.10



OLIPOP
PREBIOTIC
SODA
12 OZ

~~2.99/EA~~
2 for 5.00
OWNERS SAVE .49/EA



ISLAND CITY
KOMBUCHA
MINOCQUA, WI
• 16 OZ

~~3.99/EA~~
2 for 5.00
OWNERS SAVE 1.49/EA



JOYBA
BUBBLE
TEA
WITH POPPING BOBA • 12 OZ

~~3.89~~ **2.99**
OWNERS SAVE .90



CHOCOLATE
KUNAFI
PISTACHIO
DUBAI-INSPIRED
CHOCOLATE BAR •
AMMAN, JORDAN
• 6.7 OZ

~~9.99~~ **6.99**
OWNERS SAVE 3.00



OUTPOST
VITAMIN
B-12
60 CT

~~11.29~~ **8.29**
OWNERS SAVE 3.00



BETTER WOOD
PRODUCTS
HARDWOOD
LUMP
CHARCOAL

~~11.99~~ **9.99**
OWNERS SAVE 2.00



OUTPOST
SPECIALTY BEEF
BURGER PATTIES

~~9.99/LB~~ **8.99/LB**
OWNERS SAVE 1.00/LB



Let's own a
grocery store
together!

outpost.coop/join





Milwaukee
100 E. Capitol Dr.
414-961-2597

Wauwatosa
7000 W. State St.
414-778-2012

Bay View
2826 S. Kinnickinnic
414-755-3202

Mequon
7590 W. Mequon Rd.
262-242-0426

outpost.coop

**Shop online –
click here**

**Become an owner –
click here**

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

MOSS
SEA MOSS BEVERAGE
MANGO GINGER OR POMEGRANATE • WITH 13,000 MG SEA MOSS •
12 OZ

2 for 5.00 ~~4.29~~
OWNERS SAVE 1.79 EACH

INSPIRED ORGANICS
ORGANIC RICE
READY TO EAT • SPANISH, JASMINE, OR BASMATI
• GLUTEN-FREE • 8.8 OZ



2 for 5.00 ~~3.29~~
OWNERS SAVE 79¢ EACH

DOUDLAH FARMS
ORGANIC NAVY BEANS
BULK BIN • EVANSVILLE, WI

2.99/lb ~~3.49/lb~~
OWNERS SAVE 50¢/lb



MINA
MOROCCAN SIMMER SAUCE
CLASSIC GINGER SAFFRON, TOMATO HERBS & SPICES,
OR RAS EL HANOUT • VEGAN • 12 OZ



5.99 ~~8.69~~ **OWNERS SAVE 2.70**

PLAIN JANE TRAIL MIX
BULK BIN

8.99/lb ~~10.99/lb~~
OWNERS SAVE 2.00/lb



SAHTEIN
FALAFEL MIX
14 OZ

3.99 ~~5.89~~ **OWNERS SAVE 1.90**

MILLER'S
BANANA PEPPER SAUCE
HOT OR MILD • 9.5 OZ

5.69 ~~6.59~~ **OWNERS SAVE .90**

TARI
PERUVIAN HOT SAUCE
5 INCREDIBLE VARIETIES • 11.8 OZ



5.99 ~~7.99~~ **OWNERS SAVE 2.00**

DONKEY CHIPS
SALSA
HOT OR MILD • GLUTEN-FREE • CAROL STREAM, IL • 16 OZ

5.99 ~~6.89~~ **OWNERS SAVE 90¢**



PRESERVED HARVEST
SALSA
HOT, MEDIUM, MILD OR PEACH • 14.5 OZ

4.69 ~~5.69~~ **OWNERS SAVE 1.00**

VICENZI
PUFF PASTRY BITES
NEW FLAVORS • 3.17 OZ

3.69 ~~4.69~~ **OWNERS SAVE 1.00**

July 9 - 15, 2025

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

INSPIRED ORGANICS
ORGANIC SALAD DRESSING

8 OZ



4.69 ~~6.29~~ **OWNERS SAVE 1.60**

INSPIRED ORGANICS
ORGANIC BROTH

CHICKEN, VEGETABLE, OR BEEF • 32 OZ



2.99 ~~3.49~~ **OWNERS SAVE 50¢**

ISOLA
BALSAMIC VINEGAR

3 LEAF AGED • 8.4 OZ

5.99 ~~6.99~~ **OWNERS SAVE 1.00**

ISOLA
GRISSINI BREADSTICKS

7.75 OZ

3.99 ~~4.79~~ **OWNERS SAVE 80¢**

WOEBER'S
DISTILLED WHITE VINEGAR

1 GAL

4.79 ~~5.69~~ **OWNERS SAVE 90¢**

JW MACY'S
CHEESESTICKS

CHEDDAR, GARLIC ROMANO, OR MELTING PARMESAN • 4 OZ

4.99 ~~5.99~~ **OWNERS SAVE 1.00**

STACY'S
PITA CHIPS

7.33 OZ

3.99 ~~5.99~~ **OWNERS SAVE 2.00**

WATER STREET DELI
PITA CHIPS

ORIGINAL OR GARLIC • EAU CLAIRE, WI • 10 OZ



5.99 ~~8.49~~ **OWNERS SAVE 2.50**

BRETON
VEGGIE CRISPS SNACKS

SEA SALT, CHIPOTLE CHEDDAR, OR ZESTY RANCH •
GLUTEN-FREE • 6 OZ



3.99 ~~5.99~~ **OWNERS SAVE 2.00**

DARE
CRACKERS

ORIGINAL FLAX, HERB GARLIC, OR GRAINS FIRST • 4.76-7.3 OZ

3.99 ~~4.99~~ **OWNERS SAVE 1.00**

INSPIRED ORGANICS
ORGANIC TORTILLA CHIPS

GLUTEN-FREE • 11 OZ



4.99 ~~5.99~~ **OWNERS SAVE 1.00**

DONKEY CHIPS
TORTILLA CHIPS

GLUTEN-FREE • CAROL STREAM, IL • 11 OZ



3.69 ~~4.39~~ **OWNERS SAVE 70¢**

GREAT LAKES KETTLE CHIPS
POTATO CHIPS

TRAVERSE CITY, MI • 1.375 OZ



99¢ ~~1.39~~ **OWNERS SAVE 40¢**

GREAT LAKES KETTLE CHIPS
POTATO CHIPS

TRAVERSE CITY, MI • 8 OZ



3.89 ~~4.89~~ **OWNERS SAVE 1.00**

July 9 - 15, 2025

coop deals[®] *for Everyone!*

MEAT & SEAFOOD

WISCONSIN MEADOWS
PASTURE RAISED
GROUND PORK
VIROQUA, WI • 16 OZ



6.49

WISCONSIN MEADOWS
GRASSFED BEEF
SKIRT STEAK
VIROQUA, WI



14.99/lb

APPLEGATE
NATURAL SLICED LUNCHEAT
7 OZ

5.49

WILD CAUGHT ALASKAN COD FILLETS
10.99/lb

BULK GROCERY

TIERRA FARMS
ORGANIC BRAZIL NUTS
BULK BIN



SAVE 4.00/lb

SVEN'S
LOCALLY ROASTED COFFEE
MILWAUKEE, WI • 12 OZ



SAVE 1.00

SUNRIDGE FARMS
ORGANIC CRANBERRY HARVEST
TRAIL MIX
BULK BIN



SAVE 2.00/lb

ORGANIC RED LENTILS
BULK BIN



2.99/lb

ORGANIC WHITE QUINOA
BULK BIN



2.79/lb

ORGANIC GARBANZO BEANS
BULK BIN



2.49/lb

REFRIGERATED & FROZEN GROCERY

FIELD ROAST
PLANT-BASED MINI CORN DOGS
VEGAN • 10 OZ

5.99

LIGHT LIFE
ORGANIC ORIGINAL TEMPEH
VEGAN • 8 OZ



3.39

WILDWOOD
HIGH PROTEIN VAC PACK TOFU
GLUTEN-FREE, VEGAN • 16 OZ



3.49

UPTON'S NATURALS
SEITAN
VEGAN • CHICAGO, IL • 8 OZ



4.49

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REFRIGERATED & FROZEN GROCERY

BABA'S HUMMUS

GLUTEN-FREE, VEGAN, OIL-FREE • 10 OZ

2 for 7.00

BUBBIE'S KOSHER DILL PICKLES

33 OZ

7.99

FORAGER ORGANIC CASHEW MILK YOGURT

GLUTEN-FREE, VEGAN • 24 OZ

4.99



BROWN COW WHOLE MILK CREAM TOP YOGURT

5.3 OZ

5 for 5.00

SILK ORGANIC SOYMILK

ORIGINAL OR UNSWEETENED • GLUTEN-FREE, VEGAN
• 64 OZ

4.49



DR PRAEGER'S VEGGIE BURGERS

SELECT VARIETIES • GLUTEN-FREE, VEGAN • 10 OZ

4.49

CASCADIAN FARM HASHBROWNS OR SPUD PUPPIES

16 OZ

2 for 8.00



CASCADIAN FARM FROZEN FRUIT

SELECT VARIETIES • 8-10 OZ

2 for 8.00



SO DELICIOUS SALTED CARAMEL DIPPED BARS

VEGAN • 4 PK/2.3 OZ

4.99

ALDEN'S ICE CREAM SQROUNDS

48 OZ

8.99



PACKAGED GROCERY

FOOD FOR LIFE ORGANIC SPROUTED BREAD

EZEKIEL WHOLE GRAIN, EZEKIEL LOW SODIUM,
OR GENESIS GRAIN & SEED • 24 OZ

5.49



ANNIE'S NATURALS ORGANIC KETCHUP

GLUTEN-FREE, VEGAN • 24 OZ

2 for 7.00



SIR KENSINGTON'S CLASSIC MAYO

GLUTEN-FREE • 12 OZ

6.49

ANNIE'S NATURALS ORGANIC SALAD DRESSING

8 OZ

2 for 8.00



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PACKAGED GROCERY

PRIMAL KITCHEN
AVOCADO OIL

16.9 FL OZ

8.99

DR BRONNER'S
ORGANIC COCONUT OIL

30 OZ

14.99



SAN-J
TAMARI

BLACK LABEL • 10 OZ

2.99

BACHAN'S
JAPANESE BBQ SAUCE

17 OZ • GLUTEN-FREE VARIETY ALSO ON SALE

6.99



SWEET LEAF
STEVIA EXTRACT

SELECT VARIETIES • 2 OZ

6.99

SIMPLY ORGANIC
ORGANIC HERBS & SPICES

SELECT VARIETIES • 0.75-4.7 OZ

4.29-6.99



WOODSTOCK
ORGANIC OLIVES

8.4 OZ

3.69



TAKE ROOT ORGANICS
ORGANIC TOMATO PASTE

6 OZ

1.39



MOUNTAIN VALLEY
SPRING WATER

BOTTLED IN ARKANSAS SINCE 1871

• 1 L

2.29

*STOCK UP & SAVE!
CASE OF 12 BOTTLES
ALSO ON SALE FOR
27.48*

STEAZ
ORGANIC ENERGY BEVERAGE

ZERO SUGAR • POWERED WITH GREEN TEA • 16 OZ

2 for 3.00



PACIFIC
ORGANIC ALMOND MILK BEVERAGE

32 OZ

2.99



MILKADAMIA
MACADAMIA NUT BEVERAGE

32 OZ

4.39

VIRGIL'S
SODA POP

4 PK OF 12 OZ CANS

4.69

VIRGIL'S
MICRO BREW ROOT BEER

4 PK OF GLASS BOTTLES

5.69

KIND
SNACK BARS

1.4 OZ

3 for 5.00

LARABAR
SNACK BARS

1.7 OZ

4 for 6.00

July 9 - 15, 2025

coop deals[®] *for Everyone!*

PACKAGED GROCERY

NATURE'S PATH
ORGANIC INSTANT OATMEAL
8 CT

3.69



NATURE'S PATH
ORGANIC TOASTER PASTRIES
11 OZ

3.79



NATURE'S PATH
ORGANIC COLD CEREAL
13-14 OZ

3.99



NATURE'S PATH
ORGANIC LOVE CRUNCH GRANOLA
11.5 OZ

4.79



NATURE'S PATH
ORGANIC GRANOLA
11 OZ

5.49



ENVIROKIDZ
ORGANIC CEREAL
10-11 OZ

3.99



HIPPEAS
CHICKPEA PUFF SNACKS
GLUTEN-FREE, VEGAN • 4 OZ

3.39

TERRA CHIPS
VEGGIE CHIPS
5 OZ

3.69

THE GOOD CRISP COMPANY
POTATO CRISPS OR CHEDDAR CHEESE BALLS
GLUTEN-FREE • 2.75-5.6 OZ

2.69

FOOD SHOULD TASTE GOOD
TORTILLA CHIPS
SWEET POTATO OR MULTIGRAIN • GLUTEN-FREE • 5.5 OZ

3.29

MARY'S GONE CRACKERS
CRACKERS
GLUTEN-FREE • 5 OZ

3.29

QUINN SNACKS
FILLED PRETZEL NUGGETS
GLUTE-FREE, DAIRY-FREE • 7 OZ

4.49

GARDEN OF EATIN'
TACO SHELLS
YELLOW OR BLUE CORN • 5.5 OZ

3.99

SIETE FOODS
TACO SEASONING
GLUTEN-FREE, VEGAN • 1.31 OZ

2.29

KOYO
RAMEN NOODLES
2.1 OZ

5 for 6.00



July 9 - 15, 2025



HOUSEHOLD & PET

AL'S PALS
DOG STICK TREATS
7.8 OZ

SAVE 2.00

BRRR BOX
RECYCLEABLE COOLER
EACH

6.99

COMPOSTIC
COMPOSTABLE TRASH BAGS
13 GALLON • 12 CT

4.29

COMPOSTIC
COMPOSTABLE SNACK BAGS
25 CT

3.99

PERSONAL & WELLNESS CARE

ULTIMA REPLENISHER
ELECTROLYTE DRINK MIX STICKPACKS
0.11 OZ

4 for 3.00

WHOLE EARTH & SEA
WOMEN'S MULTI
60 CT

SAVE 9.00

MEGAFOOD
**TURMERIC CURCUMIN WHOLE BODY
EXTRA STRENGTH**
60 CT

18.99

ANCIENT NUTRITION
MULTICOLLAGEN PROTEIN
454 G

39.99

NORDIC NATURALS
ULTIMATE OMEGA
180 CAP

SAVE 21.00

DR BRONNER'S
ORGANIC NAKED LIP BALM
0.15 OZ

2.79



ALBA BOTANICA
SUNBLOCK SPF 30
4 OZ

9.99

ALBA BOTANICA
SPORT SUNBLOCK SPF 45
4 OZ

9.99

ACURE
MEGA MOISTURE SHAMPOO
8 OZ

5.99

AVALON ORGANICS
COQ10 FACE CLEANSE CREAM
8.5 OZ

9.49

July 9 - 15, 2025



PERSONAL & WELLNESS CARE

DAVIDS
HYDROXI TOOTHPASTE

4 OZ

6.49



DAVIDS
HYDROXI MOUTHWASH REFILL KIT

20 OZ

9.99



*All sale items are while supplies last. Sale items may not be available in all stores.
Priced as marked unless otherwise noted. We reserve the right to limit purchase quantities.*

July 9 - 15, 2025