

coop deals®

JULY 2-8, 2025



ORGANIC CANTALOUPE
CALIFORNIA GROWN

2 for 7.00

ORGANIC WATERMELON WITH SEEDS
CALIFORNIA GROWN • WHOLE OR CUTS

.99/LB



ORGANIC GREEN OR RED SEEDLESS GRAPES
MEXICO GROWN

2.99/LB



ORGANIC NECTARINES
CALIFORNIA GROWN

3.69/LB



ORGANIC ATAULFO MANGOES
MEXICO GROWN

5 for 5.00



ORGANIC RAINIER CHERRIES
WASHINGTON GROWN

6.99/LB



FRESH ITALIAN PORK SAUSAGE

5.99/LB



WISCONSIN MEADOWS PASTURE RAISED PORK BRATWURST
VIROQUA, WI • 16 OZ

8.99



flash sale JULY 2-4 ONLY!

WISCONSIN MEADOWS GRASSFED BEEF HOTDOGS
VIROQUA, WI • 12 OZ

SAVE 4.00! REG. 10.99



BRIOCHE GOURMET BRIOCHE HOTDOG BUNS
9.25 OZ • 6 CT

3.59



OUTPOST PICKLE PASTA SALAD
REGULAR OR PARTY SIZE

4.99/LB



ANNIE'S NATURALS KETCHUP
GLUTEN-FREE • VEGAN

2 for 7.00



UNTITLED ART FLORIDA SELTZER VARIETY PACKS
NO LIMIT • 12 PK

buy 1 get 1 free! REGULARLY 33.99/EA



we made you dinner!

JULY 2-8

Butter Chicken

Zucchini Feta Bake

Vg

Sweet Potato Picadillo

V WF

4-Cheese Mac & Cheese

Vg

Vegan Mac & Cheese

V



More Deals at
outpost.coop/shop



BRRR BOX RECYCLABLE COOLER

SAVE 2.00



FEVER-TREE LIGHT MARGARITA MIX
58% LESS SUGAR THAN CLASSIC MARGARITA MIX • 750 ML

5.99



LUNA BAY TEA MOCKTAIL VARIETY PACK
6 PK

13.99

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

JULY 2-8, 2025



OUTPOST
FIESTA
TACO
SPREAD

~~7.99/LB~~ **6.99/LB**
OWNERS SAVE 1.00/LB



RUSHING WATERS
WILD SOCKEYE
SALMON BURGERS
SELECT VARIETIES
• PALMYRA, WI
• 8 OZ • 2PK



~~6.99~~ **5.99**
OWNERS SAVE 1.00



SUPERIOR FRESH
FARM RAISED ATLANTIC
SALMON FILLETS
HIXTON, WI

~~21.99/LB~~ **17.99/LB**
OWNERS SAVE 4.00/LB

BETTER WOOD
PRODUCTS
HARDWOOD
LUMP
CHARCOAL



~~11.99~~ **9.99**
OWNERS SAVE 2.00



BOAR'S HEAD
HUMMUS
GLUTEN-FREE • VEGAN • 10 OZ
2 for 6.00



ORGANIC
BLUEBERRIES
CALIFORNIA GROWN

~~4.99/PINT~~ **3.99/PINT**
OWNERS SAVE 1.00/PINT



ORGANIC
CELERY
CALIFORNIA
GROWN

~~2.49/LB~~ **1.69/LB**
OWNERS SAVE .80/LB



ORGANIC
GREEN CABBAGE
KENTUCKY GROWN

~~1.69/LB~~ **.99/LB**
OWNERS SAVE .70/LB



ORGANIC RED, ORANGE
OR YELLOW PEPPERS
CANADA GROWN

~~5.99/LB~~ **3.99/LB**
OWNERS SAVE 2.00/LB



PRESERVED
HARVEST
SALSA
HOT, MEDIUM,
MILD OR PEACH • 14.5 OZ

~~5.69~~ **4.69**
OWNERS SAVE 1.20



DONKEY CHIPS
TORTILLA
CHIPS
GLUTEN-FREE
• CAROL STREAM, IL • 11 OZ

~~4.39~~ **3.69**
OWNERS SAVE .70



GREAT LAKES
KETTLE CHIPS
POTATO
CHIPS
TRAVERSE CITY, MI • 8 OZ

~~4.89~~ **3.89**
OWNERS SAVE 1.00



TARI
PERUVIAN
HOT SAUCE
5 INCREDIBLE
VARIETIES • 11.8 OZ

~~7.99~~ **5.99**
OWNERS SAVE 2.00



INSPIRED
ORGANICS
SALAD
DRESSING
8 OZ

~~6.29~~ **4.69**
OWNERS SAVE 1.60



OUTPOST
PLAIN JANE TRAIL MIX
BULK BIN

~~10.99/LB~~ **8.99/LB**
OWNERS SAVE 2.00/LB



EMMANUEL'S MIX
SNACK MIX
ORIGINAL
OR SPICY •
MILWAUKEE, WI
• 10 OZ

~~8.99~~ **6.99**
OWNERS SAVE 2.00



OUTPOST
VITAMIN
B 12
60 CT

~~11.29~~ **8.29**
OWNERS SAVE 3.00



OUTPOST
GRASSFED
COLLAGEN
PEPTIDES
14.1 OZ

~~33.69~~ **27.69**
OWNERS SAVE 6.00

Let's own a
grocery store
together!

outpost.coop/join





Milwaukee
100 E. Capitol Dr.
414-961-2597

Wauwatosa
7000 W. State St.
414-778-2012

Bay View
2826 S. Kinnickinnic
414-755-3202

Mequon
7590 W. Mequon Rd.
262-242-0426

outpost.coop

**Shop online –
click here**

**Become an owner –
click here**

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

JOYBA
BUBBLE TEA
WITH POPPING BOBA • 12 OZ

2.99 ~~3.89~~ **OWNERS SAVE 90¢**

LORINA
SPARKLING BEVERAGE
PINK LEMONADE OR BLOOD ORANGE • 25.4 OZ

5.49 ~~6.59~~ **OWNERS SAVE 1.10**

MOSS
SEA MOSS BEVERAGE
MANGO GINGER, POMEGRANATE, OR LEMON LIME • WITH 13,000
MG SEA MOSS • 12 OZ

2 for 5.00 ~~4.29~~
OWNERS SAVE 1.79 EACH

INSPIRED ORGANICS
ORGANIC RICE
READY TO EAT • SPANISH, JASMINE, OR BASMATI
• GLUTEN-FREE • 8.8 OZ



2 for 5.00 ~~3.29~~
OWNERS SAVE 79¢ EACH

DOUDLAH FARMS
ORGANIC NAVY BEANS
BULK BIN • EVANSVILLE, WI

2.99/lb ~~3.49/lb~~
OWNERS SAVE 50¢/lb



DOUDLAH FARMS
ORGANIC POPCORN
BULK BIN • WHITE OR YELLOW
• EVANSVILLE, WI

2.29/lb ~~2.79/lb~~
OWNERS SAVE 50¢/lb



SAHTEIN
FALAFEL MIX
14 OZ

3.99 ~~5.89~~ **OWNERS SAVE 1.90**

MINA
MOROCCAN SIMMER SAUCE
CLASSIC GINGER SAFFRON, TOMATO HERBS & SPICES,
OR RAS EL HANOUT • VEGAN • 12 OZ

5.99 ~~8.69~~ **OWNERS SAVE 2.70**



MILLER'S
BANANA PEPPER SAUCE
HOT OR MILD • 9.5 OZ

5.69 ~~6.59~~ **OWNERS SAVE .90**

VICENZI
PUFF PASTRY BITES
NEW FLAVORS • 3.17 OZ

3.69 ~~4.69~~ **OWNERS SAVE 1.00**

July 2 - 8, 2025

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

ISOLA
BALSAMIC VINEGAR

3 LEAF AGED • 8.4 OZ

5.99 ~~6.99~~ **OWNERS SAVE 1.00**

ISOLA
GRISSINI BREADSTICKS

7.75 OZ

3.99 ~~4.79~~ **OWNERS SAVE 80¢**

WOEBER'S
DISTILLED WHITE VINEGAR

1 GAL

4.79 ~~5.69~~ **OWNERS SAVE 90¢**

JW MACY'S
CHEESESTICKS

CHEDDAR, GARLIC ROMANO, OR MELTING PARMESAN • 4 OZ

4.99 ~~5.99~~ **OWNERS SAVE 1.00**

STACY'S
PITA CHIPS

7.33 OZ

3.99 ~~5.99~~ **OWNERS SAVE 2.00**

WATER STREET DELI
PITA CHIPS

ORIGINAL OR GARLIC • EAU CLAIRE, WI • 10 OZ

5.99 ~~8.49~~ **OWNERS SAVE 2.50**

local

BRETON
VEGGIE CRISPS SNACKS

SEA SALT, CHIPOTLE CHEDDAR, OR ZESTY RANCH •
GLUTEN-FREE • 6 OZ

3.99 ~~5.99~~ **OWNERS SAVE 2.00**

new

DARE
CRACKERS

ORIGINAL FLAX, HERB GARLIC, OR GRAINS FIRST • 4.76-7.3 OZ

3.99 ~~4.99~~ **OWNERS SAVE 1.00**

INSPIRED ORGANICS
ORGANIC TORTILLA CHIPS

GLUTEN-FREE • 11 OZ

4.99 ~~5.99~~ **OWNERS SAVE 1.00**

USDA
ORGANIC

GREAT LAKES KETTLE CHIPS
POTATO CHIPS

TRAVERSE CITY, MI • 1.375 OZ

99¢ ~~1.39~~ **OWNERS SAVE 40¢**

local

DONKEY CHIPS
SALSA

HOT OR MILD • GLUTEN-FREE • CAROL STREAM, IL
• 16 OZ

5.99 ~~6.89~~ **OWNERS SAVE 90¢**

local

INSPIRED ORGANICS
ORGANIC BROTH

CHICKEN, VEGETABLE, OR BEEF • 32 OZ

2.99 ~~3.49~~ **OWNERS SAVE 50¢**

USDA
ORGANIC

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July 2 - 8, 2025

coop deals[®] *for Everyone!*

MEAT & SEAFOOD

BELL & EVANS
SPATCHCOCK WHOLE CHICKEN
GREAT FOR THE GRILL

4.29/lb

BELL & EVANS
CHICKEN LOLLIPOP DRUMSTICKS

3.79/lb

APPLEGATE
NATURAL SLICED LUNCHEAT
7 OZ

5.49

BULK GROCERY

LOTUS FOODS
**ORGANIC BROWN OR WHITE
BASMATI RICE**
BULK BIN



SAVE 15% PER LB

SVEN'S
LOCALLY ROASTED COFFEE
MILWAUKEE, WI • 12 OZ



SAVE 1.00

SUNRIDGE FARMS
**ORGANIC CRANBERRY HARVEST
TRAIL MIX**
BULK BIN



SAVE 2.00 PER LB

ORGANIC RED LENTILS
BULK BIN



2.99/lb

ORGANIC WHITE QUINOA
BULK BIN



2.79/lb

ORGANIC GARBANZO BEANS
BULK BIN



2.49/lb

REFRIGERATED & FROZEN GROCERY

FIZZEOLGY
ORGANIC RAW KRAUT
SIMPLY, BAVARIAN, OR ROOT RIVER •
VIROQUA, WI • 16 OZ



8.99

BUBBIE'S
BREAD & BUTTER PICKLE CHIPS
KOSHER • 33 OZ

7.99

BABA'S
HUMMUS
GLUTEN-FREE, VEGAN, OIL-FREE • 10 OZ

2 for 7.00

July 2 - 8, 2025

coop deals[®] *for Everyone!*

REFRIGERATED & FROZEN GROCERY

SILK
ORGANIC SOYMILK
ORIGINAL OR UNSWEETENED • GLUTEN-FREE, VEGAN
• 64 OZ



4.49

FIELD ROAST
PLANT-BASED SAUSAGE
ITALIAN, SPICY CHIPOTLE, OR SMOKED APPLE & SAGE • VEGAN •
12.9 OZ

5.49

FORAGER
ORGANIC CASHEW MILK YOGURT
GLUTEN-FREE, VEGAN • 24 OZ



4.99

FIELD ROAST
PLANT-BASED MINI CORN DOGS
VEGAN • 10 OZ

5.99

BROWN COW
WHOLE MILK CREAM TOP YOGURT
5.3 OZ

5 for 5.00

LIGHT LIFE
ORGANIC ORIGINAL TEMPEH
VEGAN • 8 OZ



3.39

WILDWOOD
HIGH PROTEIN VAC PACK TOFU
GLUTEN-FREE, VEGAN • 16 OZ



3.49

UPTON'S NATURALS
SEITAN
VEGAN • CHICAGO, IL • 8 OZ



4.49

CASCADIAN FARM
HASHBROWNS OR SPUD PUPPIES
16 OZ



2 for 8.00

CASCADIAN FARM
FROZEN FRUIT
SELECT VARIETIES • 8-10 OZ



2 for 8.00

SO DELICIOUS
SALTED CARAMEL DIPPED BARS
VEGAN • 4 PK/2.3 OZ

4.99

ALDEN'S
ICE CREAM SQROUNDS
48 OZ



8.99

DR PRAEGER'S
VEGGIE BURGERS
SELECT VARIETIES • 10 OZ

4.49

July 2 - 8, 2025

coop deals[®] *for Everyone!*

PACKAGED GROCERY

PRIMAL KITCHEN
AVOCADO OIL

16.9 FL OZ

8.99

DR BRONNER'S
ORGANIC COCONUT OIL

30 OZ

14.99



SAN-J
TAMARI

BLACK LABEL • 10 OZ

2.99

BACHAN'S
JAPANESE BBQ SAUCE

17 OZ • GLUTEN-FREE VARIETY ALSO ON SALE

6.99



SIR KENSINGTON'S
CLASSIC MAYO

GLUTEN-FREE • 12 OZ

6.49

ANNIE'S NATURALS
ORGANIC SALAD DRESSING

8 OZ

2 for 8.00



SWEET LEAF
STEVIA EXTRACT

SELECT VARIETIES • 2 OZ

6.99

SIMPLY ORGANIC
ORGANIC HERBS & SPICES

SELECT VARIETIES • 0.75-4.7 OZ

4.29-6.99



WOODSTOCK
ORGANIC OLIVES

8.4 OZ

3.69



TAKE ROOT ORGANICS
ORGANIC TOMATO PASTE

6 OZ

1.39



MOUNTAIN VALLEY
SPRING WATER

BOTTLED IN ARKANSAS SINCE 1871

• 1 L

2.29

*STOCK UP & SAVE!
CASE OF 12 BOTTLES
ALSO ON SALE FOR
27.48*

STEAZ
ORGANIC ENERGY BEVERAGE

ZERO SUGAR • POWERED WITH GREEN TEA • 16 OZ

2 for 3.00



PACIFIC
ORGANIC ALMOND MILK BEVERAGE

32 OZ

2.99



MILKADAMIA
MACADAMIA NUT BEVERAGE

32 OZ

4.39

VIRGIL'S
SODA POP

4 PK OF 12 OZ CANS

4.69

VIRGIL'S
MICRO BREW ROOT BEER

4 PK OF GLASS BOTTLES

5.69

July 2 - 8, 2025

coop deals[®] *for Everyone!*

PACKAGED GROCERY

NATURE'S PATH
ORGANIC INSTANT OATMEAL

8 CT

3.69



NATURE'S PATH
ORGANIC TOASTER PASTRIES

11 OZ

3.79



NATURE'S PATH
ORGANIC COLD CEREAL

13-14 OZ

3.99



NATURE'S PATH
ORGANIC LOVE CRUNCH GRANOLA

11.5 OZ

4.79



NATURE'S PATH
ORGANIC GRANOLA

11 OZ

5.49



ENVIROKIDZ
ORGANIC CEREAL

10-11 OZ

3.99



HIPPEAS
CHICKPEA PUFF SNACKS

GLUTEN-FREE, VEGAN • 4 OZ

3.39

TERRA CHIPS
VEGGIE CHIPS

5 OZ

3.69

THE GOOD CRISP COMPANY
POTATO CRISPS OR CHEDDAR CHEESE BALLS

GLUTEN-FREE • 2.75- 5.6 OZ

2.69

KETTLE
POTATO CHIPS
KETTLE COOKED • 13 OZ

4.49

FOOD SHOULD TASTE GOOD
TORTILLA CHIPS

SWEET POTATO OR MULTIGRAIN • GLUTEN-FREE • 5.5 OZ

3.29

SIETE FOODS
TORTILLA CHIPS
GRAIN-FREE • 5 OZ

2 for 8.00

MARY'S GONE CRACKERS
CRACKERS

GLUTEN-FREE • 5 OZ

3.29

QUINN SNACKS
FILLED PRETZEL NUGGETS
GLUTE-FREE, DAIRY-FREE • 7 OZ

4.49

KIND
SNACK BARS

1.4 OZ

3 for 5.00

LARABAR
SNACK BARS

1.7 OZ

4 for 6.00

July 2 - 8, 2025

coop deals[®] *for Everyone!*

PACKAGED GROCERY

GARDEN OF EATIN'
TACO SHELLS
YELLOW OR BLUE CORN • 5.5 OZ

3.99

FRONTERA
SALSA
CHICAGO, IL • 16 OZ

3.99

local

SIETE FOODS
TACO SEASONING
GLUTEN-FREE, VEGAN • 1.31 OZ

2.29

KOYO
RAMEN NOODLES
2.1 OZ

5 for 6.00

coop
basics

HOUSEHOLD & PET

AL'S PALS
DOG STICK TREATS
LITCHFIELD, OH • 7.8 OZ

SAVE 2.00

local

COMPOSTIC
COMPOSTABLE SNACK BAGS
25 CT

3.99

VITAMINS & SUPPLEMENTS

ULTIMA REPLENISHER
ELECTROLYTE DRINK MIX STICKPACKS
0.11 OZ

4 for 3.00

ULTIMA REPLENISHER
ELECTROLYTE DRINK MIX CANISTERS
3.2 OZ

13.99

MEGAFOOD
**TURMERIC CURCUMIN WHOLE BODY
EXTRA STRENGTH**
• 60 CT

18.99

WHOLE EARTH & SEA
WOMEN'S MULTI
60 CT

SAVE 9.00

ANCIENT NUTRITION
MULTICOLLAGEN PROTEIN
454 G

39.99

NORDIC NATURALS
ULTIMATE OMEGA
180 CAP

SAVE 21.00

July 2 - 8, 2025



BODY CARE

ALBA BOTANICA
SUNBLOCK SPF 30

4 OZ

9.99

ALBA BOTANICA
SPORT SUNBLOCK SPF 45

4 OZ

9.99

BADGER BALM
MINERAL SUN CREAM SPORT SPF 40

2.9 OZ

11.99

inclusive
trade

DR BRONNER'S
ORGANIC NAKED LIP BALM

0.15 OZ

2.79



ACURE
MEGA MOISTURE SHAMPOO

8 OZ

5.99

AVALON ORGANICS
COQ10 FACE CLEANSE CREAM

8.5 OZ

9.49

DAVIDS
HYDROXI TOOTHPASTE

4 OZ

6.49

new

DAVIDS
HYDROXI MOUTHWASH REFILL KIT

20 OZ

9.99

new

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