

coop deals

MAY 28 - JUNE 3, 2025

**BO
GO**

**buy 1 get 1
FREE**



SANTA CRUZ

LEMONADE OR LIMEADE

ORIGINAL OR FRUIT FLAVORED VARIETIES • MIX & MATCH • REGULARLY 4.79/EA

buy 1 get 1 free



*Great on
the grill!*



**FRESH
PINEAPPLES**
HONDURAS GROWN

2.99/EA



**ORGANIC DRISCOLL'S
STRAWBERRIES**
CALIFORNIA GROWN • 16 OZ

3.99



**ORGANIC
ATAULFO MANGOES**
MEXICO GROWN

4 for 5.00



**ORGANIC GREEN OR RED
SEEDLESS GRAPES**
MEXICO GROWN

4.99/LB



ENZYMEDICA
**SUBCULTURE
PROBIOTIC
DRINK MIX STICK**
2 G

1.79



ENZYMEDICA
LET'S GO FIBER+
STRAWBERRY KIWI OR
TROPICAL • 9.21 OZ

SAVE 5.00



ENZYMEDICA
COLOSTRUM + PROBIOTICS
6.7 OZ

SAVE 6.00



TIERRA FARMS
**ORGANIC PITTED
PLUMS**
PACKAGED BULK

SAVE 2.00



AHMAD TEA
**STRAWBERRY
SENSATION**
ENJOY HOT OR ICED • 20 CT

3.99



BIZZY
**COLD BREW
COFFEE**
SELECT VARIETIES
• MINNEAPOLIS, MN • 48 OZ

4.99



COLECTIVO
**LOCALLY
ROASTED COFFEE**
MILWAUKEE, WI • 12 OZ

SAVE 2.00



FENTIMAN'S
SODA POP
SELECT
VARIETIES
• 4 PK OF 9.3 OZ BOTTLES • MIX
& MATCH • REGULARLY 10.99

**buy 1 get
2 free!**



**we made
you dinner!**

MAY 28 - JUNE 3

Irish Beef Stew

WF

Asparagus Leek Lasagna

Vg

Sweet & Sour Tofu

V WF

4-Cheese Mac & Cheese

Vg

Vegan Mac & Cheese

V



More Deals at
outpost.coop/shop



INSPIRED
ORGANICS
BROTH
SELECT
VARIETIES

• GLUTEN-FREE • 32 OZ
2 for 5.00



INSPIRED
ORGANICS
**SALAD
DRESSING**
8 OZ

3.99



LOTUS FOODS
**ORGANIC FAIR TRADE
JASMINE RICE**
BROWN OR WHITE • BULK BIN

3.49/LB



owners save more

SUPER DEALS FOR OUTPOST OWNERS!

MAY 28 - JUNE 3, 2025



ORGANIC SUGAR SNAP PEAS
CALIFORNIA GROWN

~~6.99/LB~~ **4.99/LB**
OWNERS SAVE 2.00/LB



ORGANIC
YELLOW
POTATOES
CALIFORNIA GROWN

~~1.99/LB~~ **1.69/LB**
OWNERS SAVE .30/LB



ORGANIC MINI CUCUMBERS
CANADA GROWN • 6 CT

~~3.99~~ **1.99**
OWNERS SAVE 2.00



ASPARAGUS
MICHIGAN GROWN

~~4.99/LB~~
3.49/LB
OWNERS SAVE 1.50/LB



BELL & EVANS
NATURAL BREADED CHICKEN
ORIGINAL OR GLUTEN-FREE • FROZEN • 10.5 - 12 OZ

~~7.99~~ **5.99**
OWNERS SAVE 2.00



ORGANIC
ALL SEASONS
QUINOA
BULK BIN

~~6.99/LB~~ **3.49/LB**
OWNERS SAVE 3.50/LB

MADE WITH
NATIVE
ANDEAN
POTATO
CHIPS
GLUTEN-FREE •
VEGAN • 4 - 5 OZ



~~4.99~~ **2.99**
OWNERS SAVE 2.00



ORGANIC
ROASTED, SALTED
IN-SHELL PISTACHIOS
BULK BIN

~~13.99/LB~~ **9.99/LB**
OWNERS SAVE 4.00/LB



OUTPOST
SHEBA
BARS
~~3.79/EA~~

2.79/EA
OWNERS SAVE 1.00/EA



EO
3 IN 1
SOAP
32 OZ

~~12.99~~ **8.99**
OWNERS SAVE 4.00



HSU
ORGANIC
RICE HULL
POTTING
SOIL

WAUSAU, WI • 1 CU FT

~~13.99~~ **11.89**
OWNERS SAVE 15%



BLUE RIBBON
ORGANICS
COMPOST

CALDONIA, WI • 1 CU FT

~~14.99~~ **12.74**
OWNERS SAVE 15%



BEST DAY BREWING
NON-ALCOHOLIC BEER
6 PACK

~~11.49~~ **10.49**
OWNERS SAVE 1.00



BETTER WOOD
PRODUCTS
HARDWOOD
LUMP
CHARCOAL
8.8 LB

~~11.99~~ **9.99**
OWNERS SAVE 2.00



CANYON
BAKEHOUSE
HERITAGE
STYLE BREAD
HONEY WHITE OR
WHOLE GRAIN • 24 OZ

~~8.99~~ **6.99**
OWNERS SAVE 2.00



FAGE
TOTAL GREEK YOGURT
SELECT VARIETIES • 5.3 OZ

~~1.89~~
4 for 5.00
OWNERS SAVE 0.64



KEVITA
PROBIOTIC
REFRESHER
SELECT VARIETIES
• 12 OZ

~~2.99~~
2 for 4.00
OWNERS SAVE 0.99



MOSS
SEA MOSS
BEVERAGE
13,000 MG SEA MOSS
PER BOTTLE • 12 OZ

~~4.29~~
2 for 5.00
OWNERS SAVE 1.79

Let's own a
grocery store
together!

outpost.coop/join





Milwaukee
100 E. Capitol Dr.
414-961-2597

Wauwatosa
7000 W. State St.
414-778-2012

Bay View
2826 S. Kinnickinnic
414-755-3202

Mequon
7590 W. Mequon Rd.
262-242-0426

outpost.coop

**Shop online –
click here**

**Become an owner –
click here**

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

DOUDLAH FARMS
ORGANIC NAVY BEANS

BULK BIN • EVANSVILLE, WI

2.99/lb ~~3.49/lb~~

OWNERS SAVE 50¢/lb



GOLDEN TEMPLE
FRENCH VANILLA ALMOND GRANOLA

BULK BIN

4.99/lb ~~6.99/lb~~

OWNERS SAVE 2.00/lb

DE CECCO
DURUM SEMOLINA PASTA

MADE IN ITALY SINCE 1831 • SELECT VARIETIES • 16 OZ

2 for 5.00 ~~3.79~~

OWNERS SAVE 1.29 EACH

TAKE ROOT ORGANICS
ORGANIC CANNED TOMATOES

14.5-15 OZ

3 for 6.00 ~~2.99~~

OWNERS SAVE 99¢ EACH



DI SALVO'S
FAMILY RECIPE SAUCES

PASTA SAUCE, PIZZA SAUCE,
ALFREDO, OR PESTO • UNION, IL • 6-26 OZ

4.99 ~~6.99~~ **OWNERS SAVE 2.00**

It's back!



CALIFORNIA OLIVE RANCH
EXTRA VIRGIN OLIVE OIL

GLOBAL BLEND • 25.4 OZ

16.99 ~~31.99~~

OWNERS SAVE 15.00

BUBBIE'S
KOSHER DILL PICKLES

SELECT VARIETIES • 25-33 OZ

7.49 ~~9.49~~ **OWNERS SAVE 2.00**

CADIA EVERYDAY
PICKLES

24-24.3 OZ

2.99 ~~5.69~~ **OWNERS SAVE 2.70**

FRONTERA
SALSA

SELECT VARIETIES • 16 OZ

4.99 ~~5.99~~ **OWNERS SAVE 1.00**

JUSTIN'S
PEANUT BUTTER

CLASSIC OR HONEY CLASSIC • 16 OZ

4.99 ~~5.99~~ **OWNERS SAVE 1.00**

BEYOND MEAT
PLANT-BASED BRATS OR ITALIAN SAUSAGE

GLUTEN-FREE, VEGAN • 14 OZ

7.49 ~~9.49~~ **OWNERS SAVE 2.00**

ANNIE'S HOMEGROWN
MAC & CHEESE

SELECT NON-ORGANIC VARIETIES • 6-7 OZ

1.79 ~~3.89~~ **OWNERS SAVE 2.10**

May 28 - June 3, 2025

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

MADE WITH
ANDEAN POTATO CHIPS

GLUTEN-FREE, VEGAN • 5 OZ

2.99 ~~4.99~~ **OWNERS SAVE 2.00**

SIMPLE MILLS
CRACKERS

GLUTEN-FREE • 4.25 OZ

3.99 ~~5.99~~ **OWNERS SAVE 2.00**

SEVEN SUNDAYS
CEREAL

GLUTEN-FREE, GRAIN-FREE • 8 OZ

5.99 ~~7.99~~ **OWNERS SAVE 2.00**

NUTPODS
UNSWEETENED COFFEE CREAMER

PLANT-BASED • SHELF STABLE VARIETIES • 11.2 OZ

3.49 ~~4.39~~ **OWNERS SAVE 90¢**

JULIAN'S RECIPE
BAGUETTES

SELECT VARIETIES • 12.3 OZ

4.49 ~~6.49~~ **OWNERS SAVE 2.00**

NATURAL FACTORS
TOTAL BODY COLLAGEN

17.6 OZ

44.99 ~~49.99~~ **OWNERS SAVE 5.00**

ZUM
AROMATHERAPY MIST

4 OZ

9.99 ~~10.99~~ **OWNERS SAVE 1.00**

HIPPEAS
CHICKPEA PUFF SNACKS

GLUTEN-FREE, VEGAN • 4 OZ

3.99 ~~5.29~~ **OWNERS SAVE 1.30**

BOB'S RED MILL
BOB'S BAR

OAT BARS • 1.76 OZ

2 for 3.00 ~~1.99~~
OWNERS SAVE 49¢ EACH

SO DELICIOUS
COCONUT MILK

GLUTEN-FREE, VEGAN • 64 OZ

4.99 ~~5.99~~ **OWNERS SAVE 1.00**



WILDWOOD
SUPERFIRM VAC PACK TOFU

16 OZ

3.99 ~~4.99~~ **OWNERS SAVE 1.00**



MRS. BEASTER'S
GRAIN-FREE DOG TREATS

COLUMBUS, WI • 6 OZ

9.99 ~~10.99~~ **OWNERS SAVE 1.00**



NATURAL FACTORS
STRESS-RELAX MELATONIN 3MG

90 CT

5.39 ~~7.99~~ **OWNERS SAVE 2.40**

ZUM
GOAT'S MILK BAR SOAP

3 OZ

5.49 ~~6.49~~ **OWNERS SAVE 1.00**

May 28 - June 3, 2025

coop deals[®] *for Everyone!*

MEAT & SEAFOOD

WISCONSIN MEADOWS
**GRASSFED BEEF
LANDJAEGER
SNACK STICKS**
VIROQUA, WI • 2 OZ/2 PK



2.99

OLLI SALUMERIA
SLICED SALAMI
ASSORTED VARIETIES • GLUTEN-FREE • 4 OZ

4.99

APPLEGATE NATURALS
NATURAL UNCURED BEEF HOT DOGS
10 OZ

5.49

SMART CHICKEN
UNCURED CHICKEN FRANKFURTERS
12 OZ



6.49

WILD CAUGHT ALASKAN COD FILLETS

9.99/lb

BULK GROCERY

MEADOWLARK ORGANICS
ORGANIC WHEAT BRAN
BULK BIN • RIDGEWAY, WI

99¢/lb



JUST COFFEE
**LOCALLY ROASTED
ORGANIC COFFEE**
MADISON, WI • 12 OZ OR PER LB

SAVE 1.00



EQUAL EXCHANGE
MAMMOTH PECANS
PACKAGED BULK • 8 OZ

SAVE 2.00



DOUDLAH FARMS
ORGANIC POPCORN
BULK BIN • WHITE OR YELLOW •
EVANSVILLE, WI

2.19/lb



EQUAL EXCHANGE
**FAIR TRADE, ORGANIC
CHOCOLATE CHIPS**
BULK BIN • BITTERSWEET OR
SEMI-SWEET

SAVE 1.00/lb



ORGANIC RED LENTILS
BULK BIN

2.99/lb



May 28 - June 3, 2025

coop deals[®] *for Everyone!*

PACKAGED GROCERY

PRIMAL KITCHEN
SALAD DRESSING
MADE WITH AVOCADO OIL • 8 FL OZ

5.99

BRIANNA'S
SALAD DRESSING
12 OZ

3.49

LOTUS FOODS
RICE NOODLES
PAD THAI, UDON, OR PHO • GLUTEN-FREE • 8 OZ

3.49



A DOZEN COUSINS
RICE
HEAT & SERVE • COOKED IN BONE BROTH • 8 OZ

3.59

inclusive
trade

A DOZEN COUSINS
ENTRÉE SEASONING SAUCE
JAMAICA JERK, MEXICAN POLLO ASADO, OR
PERU POLLO BRASA • 3 OZ

2.99

inclusive
trade

A DOZEN COUSINS
SEASONED BEANS
10 OZ

3.89

inclusive
trade

BACHAN'S
JAPANESE BBQ SAUCE
16-17 OZ

6.99

inclusive
trade

LARABAR
SNACK BARS
1.6-1.7 OZ

4 for 5.00

RW KNUDSEN
SPORTS DRINK
WITH ELECTROLYTES • ORANGE OR ORGANIC LEMON • 32 OZ

2.99

RISHI
**SPARKLING BOTANICAL TEA
BEVERAGE**
MILWAUKEE, WI • 12 FL OZ

2.79

local

BREAD

FOOD FOR LIFE
SPROUTED BREAD
EZEKIEL WHOLE GRAIN, FLAX, OR 7-GRAIN • 24 OZ

5.79



May 28 - June 3, 2025

coop deals[®] *for Everyone!*

REFRIGERATED & FROZEN GROCERY

ORGANIC VALLEY
GRASSMILK

LA FARGE, WI • SELECT VARIETIES •
64 OZ



5.99

MALK
ALMOND MILK CREAMER

VANILLA OR CARAMEL • GLUTEN-FREE, VEGAN •
16 OZ



5.49

FORAGER
CASHEWMILK YOGURT

SELECT VARIETIES • GLUTEN-FREE, VEGAN • 5.3 OZ



1.69

BOAR'S HEAD
GREEK YOGURT DIPS

SELECT VARIETIES • GLUTEN-FREE • 12 OZ

3.99

ISLAND CITY
KOMBUCHA

MINOCQUA, WI • 16 OZ



2 for 6.00

GRILLO'S PICKLES
DILL PICKLE CHIPS

16 OZ

4.49

THREE BRIDGES
EGG BITES

GLUTEN-FREE • 4.6 OZ/2 PK

3.29

GOODPOP
FROZEN POPS

SELECT VARIETIES • GLUTEN-FREE, VEGAN • 4 PK OR 8 PK

4.99

PERSONAL & WELLNESS CARE

ENZYMEDICA
PAPAYA GOLD

60 CT

SAVE 7.00

OUTPOST
ACTIVATED K2

60 CT

SAVE 5.00

SPROUT LIVING
VEGAN PROTEIN POWDER

CHICAGO, IL • SELECT VARIETIES • 1 LB

SAVE 6.00



OM
MASTER BLEND PROTEIN

18.27 OZ

SAVE 8.00



OM
MASTER BLEND POWDER

100 G

SAVE 8.00



OM
CORDYCEPS POWDER

100 G

SAVE 8.00



May 28 - June 3, 2025



PERSONAL & WELLNESS CARE

TRUE GRACE
**MULTIVITAMIN REFILL
PACKS**

PEWAUKEE, WI • 90 COUNT • 120
COUNT REFILLS ALSO ON SALE



SAVE 17.00

RENEW LIFE
UF EXTRA CARE 50B

30 CT

SAVE 9.00

SIMPLY TERA'S
**RBGH FREE CHOCOLATE WHEY PROTEIN
POWDER**

24 OZ

SAVE 7.00

ALBA BOTANICA
HERBAL HEALING BODY LOTION

32 OZ

SAVE 5.00

ANDALOU
SHAMPOO & CONDITIONER

SELECT VARIETIES • 11.5 OZ

6.99

ANDALOU
PROBIOTIC CLEANSING MILK

6 OZ

SAVE 4.00

ALBA BOTANICA
ACNEDOTE PIMPLE PATCH

4 CT

7.79

*All sale items are while supplies last. Sale items may not be available in all stores.
Priced as marked unless otherwise noted. We reserve the right to limit purchase quantities.*

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