

coop deals

MARCH 12 - 18, 2025



local

USDA ORGANIC

DOUDLAH FARMS & MEADOWLARK COMMUNITY MILL
LOCALLY GROWN ORGANIC GRAINS & BEANS

BULK BIN • SELECT VARIETIES • WISCONSIN

SAVE 15%

coop MADE



OUTPOST
IRISH SODA BREAD

2.99/EA

coop MADE



OUTPOST
IRISH CREAM CHEESECAKE SLICE

2.99/EA

coop MADE



OUTPOST
CORNER BEEF REUBEN SANDWICH
MADE TO ORDER

SAVE 1.00/EA

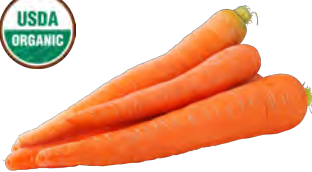
local



THIRD SPACE BREWING
MAIBOCK
WONDERFULLY MALTY WITH A KICK OF HOPS
• 6 PACK

10.49

USDA ORGANIC



ORGANIC
1LB BAG CARROTS
CALIFORNIA GROWN

.99/EA

USDA ORGANIC



ORGANIC 3LB BAG
RED POTATOES
IDAHO GROWN

2.99/EA

USDA ORGANIC



ORGANIC
GREEN CABBAGE
CALIFORNIA GROWN

.99/LB

local



WISCONSIN MEADOWS
GRASSFED FRESH CORNER BEEF BRISKET
VIROQUA, WI

13.99/LB

local

inclusive trade



TOP NOTE
DRINKS & DRINK MIXERS
SELECT VARIETIES • MILWAUKEE, WI • 4 PACK • 8.5 OZ BOTTLES

7.49

new

local

inclusive trade



TRUE GRACE
ELECTROLYTE POWDER
PEWAUKEE, WI • 16 CT

SAVE 5.00

local

inclusive trade



WARRIOR
KOMBUCHA
KOMBUCHA
MADE WITH INDIGENOUS-GROWN YAUPON TEA • CHICAGO, IL • 12 OZ

3.99

inclusive trade

Seema Bags & Pouches



SEEMA
BAGS & POUCHES
SELECT VARIETIES

SAVE 15%



we made you dinner!

MARCH 12 - 18

Irish Beef Stew

Turkey Shepherd's Pie

White Bean Quinoa Kale Sauté

V WF

4-Cheese Mac & Cheese

Vegan Mac & Cheese

V



More Deals at
outpost.coop/shop



KETTLE
POTATO CHIPS
SELECT VARIETIES
• 5 OZ



3.79

BRIANNAS
SALAD DRESSING
SELECT VARIETIES
• 12 OZ



3.99

ISOLA
CROSTINI
GARLIC, OLIVE OIL, OR ROSEMARY
• 7 OZ



3.49

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

MARCH 12 - 18, 2025



OUTPOST
IRISH COUNTRY
PORK SAUSAGE



~~6.99/LB~~ **4.99/LB**
OWNERS SAVE 2.00



BEELER'S
BRITISH STYLE BACK BACON
NO ADDED NITRATES OR NITRITES • 10 OZ

~~6.99~~ **5.99**
OWNERS SAVE 1.00



BEELER'S
NATURAL BONELESS PORK CHOPS & ROASTS

SELECT VARIETIES • LE MARS, IA

SAVE 1.00/LB

3.14 PI DAY SALE!

OUTPOST
APPLE OR
VEGAN CHERRY
APPLE PIE
WHOLE, HALF
OR SINGLE SLICE

One day only!



~~2.49-16.99~~
2.24-15.99
OWNERS SAVE .25-1.00

MIKE'S
MIGHTY GOOD
RAMEN
NOODLES
SELECT VARIETIES
• 1.6 - 2.4 OZ



~~2.99/EA~~
3 for 6.00
OWNERS SAVE .99



ORGANIC STRAWBERRIES
MEXICO OR CALIFORNIA GROWN • 16 OZ

~~5.99/EA~~ **4.99/EA**
OWNERS SAVE 1.00



FRESH PINEAPPLES
COSTA RICA OR HONDURAS GROWN

~~4.99/EA~~ **3.99/EA**
OWNERS SAVE 1.00



ORGANIC BARTLETT PEARS
ARGENTINA GROWN

~~2.49/LB~~ **1.99/LB**
OWNERS SAVE .50



LARABAR
SNACK BARS
SELECT VARIETIES • 1.6 - 1.7 OZ

~~2.79/EA~~
4 for 5.00
OWNERS SAVE 1.54

SAN-J
STIR FRY
SAUCE

SELECT
VARIETIES •
GLUTEN-FREE
• 10 OZ

~~5.99~~
3.99
OWNERS SAVE 2.00



MOM'S BEST
CEREAL
SELECT
VARIETIES •
LAKEVILLE, MN
• 17.5 - 24 OZ

~~4.99~~
3.99
OWNERS SAVE 1.00

RW KNUDSEN
JUICE
MORNING BLEND
OR MEGA ANTI-
OXIDANT • 32 OZ

~~6.29~~
4.59
OWNERS SAVE 1.70



AMY'S
CANNED
BEANS
OR CHILI

SELECT
VARIETIES • 15 OZ

~~4.99~~
2.99
OWNERS SAVE 2.00



WILD
PLANET
CANNED SEAFOOD
SKIPJACK TUNA, TUNA SALAD, OR
SARDINES • SELECT VARIETIES •
4.375 - 5.6 OZ

~~5.39~~
2.99
OWNERS SAVE 2.40



JULIAN'S RECIPE
FROZEN BAGUETTES

SELECT VARIETIES • 12 - 12.35 OZ

~~6.49~~
4.49
OWNERS SAVE 2.00



ORGANIC
REGULAR ROLLED OATS
BULK BIN

~~2.69/LB~~
1.99/LB
OWNERS SAVE .70



ORGANIC
IN-SHELL
PISTACHIOS
BULK BIN • ROASTED &
LIGHTLY SALTED

~~13.99/LB~~
9.99/LB
OWNERS SAVE 4.00



SOUTH RIVER
ARTISAN
MISO
SELECT VARIETIES • 16 OZ

~~18.79 & 16.99~~
11.79 & 9.99
OWNERS SAVE 7.00

Let's own a
grocery store
together!

outpost.coop/join





Milwaukee
100 E. Capitol Dr.
414-961-2597

Wauwatosa
7000 W. State St.
414-778-2012

Bay View
2826 S. Kinnickinnic
414-755-3202

Mequon
7590 W. Mequon Rd.
262-242-0426

outpost.coop

**Shop online –
click here**

**Become an owner –
click here**

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

BIZZY
COLD BREW COFFEE
48 OZ
5.99 ~~7.69~~
OWNERS SAVE 1.70
SELECT VARIETIES • MINNEAPOLIS, MN



BOB'S RED MILL
WHITE CORN GRITS
24 OZ
3.79 ~~5.29~~
OWNERS SAVE 1.50

GINGER PEOPLE
GINGER SOOTHER
32 FL OZ
6.99 ~~9.99~~
OWNERS SAVE 3.00
ORIGINAL OR TURMERIC

BOB'S RED MILL
OAT BRAN
16 OZ
4.99 ~~5.99~~
OWNERS SAVE 1.00
GLUTEN-FREE

STONEFIRE BAKERY
NAAN
8.8 OZ
2.99 ~~3.69~~
OWNERS SAVE 70¢
ORIGINAL OR GARLIC

BOB'S RED MILL
MUESLI
16 -18 OZ
5.99-6.99 ~~7.29-8.99~~
OWNERS SAVE 1.30-2.00
SELECT VARIETIES

NEWMAN'S OWN
PASTA SAUCE
24 OZ
3.99 ~~4.99~~
OWNERS SAVE 1.00
SELECT VARIETIES

LUCINI
EVERYDAY OLIVE OIL
17 OZ
14.99 ~~22.99~~
OWNERS SAVE 8.00
ARGENTINIAN • EXTRA VIRGIN

NEWMAN'S OWN
NEWMAN O'S
13 OZ
5.99 ~~7.89~~
OWNERS SAVE 1.90
SANDWICH COOKIES • SELECT VARIETIES

NEWMAN'S OWN
FIG NEWMAN COOKIES
10 OZ
4.99 ~~6.99~~
OWNERS SAVE 2.00
SELECT VARIETIES

March 12 - 18, 2025

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

PETER RABBIT ORGANICS

BABY FOOD

4 - 4.4 OZ



4 for 7.00 ~~2.89~~

OWNERS SAVE 1.14

SELECT VARIETIES

IMAGINE

NO CHICKEN BROTH

32 OZ



3.99 ~~4.99~~

OWNERS SAVE 1.00

ORIGINAL OR LOW SODIUM • GLUTEN-FREE, VEGAN

SAN-J

TAMARI OR SHOYU

10 OZ



4.99-5.99 ~~5.99-8.69~~

OWNERS SAVE 1.00-2.70

SELECT VARIETIES

SAN-J

TAMARI OR SHOYU

20 OZ



6.99-9.99 ~~8.99-12.99~~

OWNERS SAVE 2.00-3.00

SELECT VARIETIES

SPECTRUM

VEGETABLE SHORTENING

24 OZ



8.99 ~~15.99~~

OWNERS SAVE 7.00

FOR BAKING OR FRYING UP TO 450 DEGREES

WMSE

FORMULA 91.7 HOT SAUCE

5 OZ



5.99 ~~7.99~~

OWNERS SAVE 2.00

2024 EDITION • MILWAUKEE, WI

WILD PLANET

CANNED ALBACORE TUNA

5 OZ

3.99 ~~5.99~~

OWNERS SAVE 2.00

WILD CAUGHT • SELECT VARIETIES

WILD PLANET

CANNED WILD PINK SALMON

6 OZ

6.99 ~~8.49~~

OWNERS SAVE 1.50

ZACK'S MIGHTY

ROLLED TORTILLA CHIPS

7 OZ

3.99 ~~5.99~~

OWNERS SAVE 2.00

FIERY NACHO OR CHILE LIME

ZACK'S MIGHTY

TORTILLA CHIPS

9 OZ



4.59 ~~5.99~~

OWNERS SAVE 1.40

MADE WITH AVOCADO OIL • GLUTEN-FREE, VEGAN

SACRED BLOSSOM

WILD FORAGED & LOCALLY GROWN TEAS

1.5 OZ

10.99 ~~13.99~~

OWNERS SAVE 3.00

MONDOVI, WI



TAZO

HERBAL TEAS

20 CT

4.99 ~~6.99~~

OWNERS SAVE 2.00

March 12 - 18, 2025

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

SOUTH OF FRANCE

HAND & BODY CREAM

8 OZ

7.99 ~~9.99~~

OWNERS SAVE 2.00

SOUTH OF FRANCE

LIQUID HAND SOAP

8 OZ

3.69 ~~4.89~~

OWNERS SAVE 1.20

NATURAL FACTORS

STRESS RELAX MELATONIN 3MG

90 CT

4.99 ~~7.99~~

OWNERS SAVE 3.00

NATURAL FACTORS

STRESS RELAX PHARMA GABA 100 MG

60 TAB

21.99 ~~32.99~~

OWNERS SAVE 11.00

coop deals *for Everyone!*

MEAT & SEAFOOD

WIXTER

SUSTAINABLY SOURCED FROZEN SEAFOOD

SAVE 2.00 12 OZ

SELECT VARIETIES

SMART CHICKEN

NATURAL WHOLE CHICKEN

2.49 PER LB

SUPERIOR FRESH

FARM RAISED ATLANTIC SALMON FILLETS

17.99 PER LB

HIXTON, WI

local

MILLER POULTRY

NATURAL CHICKEN BREAST TENDERS

6.49 PER LB

ORLAND, IN

local

BREAD

SIETE FOODS

GLUTEN-FREE TORTILLAS

7.99 7 OZ

SELECT VARIETIES

March 12 - 18, 2025

coop deals *for Everyone!*

REFRIGERATED & FROZEN GROCERY

TOFURKY

PLANT-BASED SAUSAGE

5.49 14 OZ

SELECT VARIETIES • VEGAN

GT'S

SYNERGY KOMBUCHA

7.99 48 OZ

SELECT VARIETIES • GLUTEN-FREE, VEGAN

inclusive
trade

BLUE DIAMOND

REFRIGERATED ALMOND BREEZE MILK

3.99 64 OZ

SELECT VARIETIES • GLUTEN-FREE, VEGAN

GREEK GODS

GREEK YOGURT

4.99 24 OZ

SELECT VARIETIES

WOODSTOCK

FROZEN BROCCOLI FLORETS

2 for 6.00 10 OZ



FORAGER

CASHEW MILK YOGURT

5.49 24 OZ

SELECT VARIETIES • GLUTEN-FREE, VEGAN



WOODSTOCK

FROZEN KALE, OKRA, BROCCOLI RABE, OR BRUSSELS SPROUTS

2 for 5.00 10 OZ



BULK GROCERY

VALENTINE

LOCALLY ROASTED COFFEE

SAVE 1.00 12 OZ

SELECT VARIETIES • MILWAUKEE, WI



JUST COFFEE

LOCALLY ROASTED ORGANIC COFFEE

SAVE 1.00 12 OZ OR PER LB

SELECT VARIETIES • MADISON, WI



NORTH BAY TRADING

SOUP MIXES

SAVE 1.00 PER LB

BULK BIN • BEAN & VEGETABLE OR WILD RICE • BRULE, WI



ORGANIC CRACK OF DAWN TRAIL MIX

SAVE 1.00 PER LB

BULK BIN



TIERRA FARM

ORGANIC ROASTED ALMONDS

SAVE 3.00 PER LB

BULK BIN • SALTED, UNSALTED & TAMARI



ORGANIC RAW SUNFLOWER SEEDS

3.99 PER LB

BULK BIN



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coop deals *for Everyone!*

PACKAGED GROCERY

TASTY BITE

RICE

2.99 8.8 OZ

WARM & SERVE • SELECT VARIETIES



TASTY BITE

CURRY ENTREES

4.39 10 OZ

WARM & SERVE • SELECT VARIETIES

TASTY BITE

CURRY SIMMER SAUCE

5.99 13 OZ

SELECT VARIETIES • GLUTEN-FREE, VEGAN

TETA FOODS

MARINADE, SALAD DRESSING, OR DIP

4.99 12 OZ

CLINTON TOWNSHIP, MI

local

ANCIENT HARVEST

POLENTA

3.59 18 OZ

HEAT & EAT • GLUTEN-FREE



ANCIENT HARVEST

PASTA

3.99 8 - 9.6 OZ

SELECT VARIETIES • GLUTEN-FREE

AMY'S

CANNED SOUP

3.99 14 - 14.7 OZ

SELECT VARIETIES



UPTON'S NATURALS

SHREDDED JACKFRUIT OR CANNED SOUP

3.99 7 - 14 OZ

SELECT VARIETIES • VEGAN

NATURE'S PATH

CEREAL

4.99 10.5 - 14 OZ

SELECT VARIETIES



ENVIROKIDZ

CEREAL

4.99 10 - 11 OZ

SELECT VARIETIES



QUE PASA

YELLOW CORN TORTILLA CHIPS

3.99 11 OZ

GLUTEN-FREE



TERRA CHIPS

VEGETABLE CHIPS

4.79 5 OZ

SELECT VARIETIES

CLIF BAR

SNACK BARS

2 for 5.00 1.76 - 2.4 OZ

NUT FILLED OR BUILDER BAR • SELECT VARIETIES

HIPPEAS

CHICKPEA PUFF SNACKS

3.99 4 OZ

SELECT VARIETIES • GLUTEN-FREE, VEGAN

March 12 - 18, 2025

coop deals *for Everyone!*

PACKAGED GROCERY

ODYSSEY ELIXIR

SPARKLING BEVERAGE

2.99 12 OZ

SELECT VARIETIES • 2750 MG MUSHROOM EXTRACT

ZEVIA

SODA

6.99 6 PK/12 OZ CANS

ZERO ADDED SUGAR • SELECT VARIETIES

PACKAGED & BULK TEA

RISHI

CHAI CONCENTRATE

6.99 32 OZ

MILWAUKEE, WI



RISHI

HERBAL TEA SACHETS

7.99 15 CT

SELECT VARIETIES • MILWAUKEE, WI



RISHI

BULK TEA

SAVE 20%

MILWAUKEE, WI



TRADITIONAL MEDICINALS

HERBAL TEAS

4.99 16 CT

OM

**MUSHROOM COFFEE &
COCOA BLENDS**

SAVE 8.00 177- 240 G



PERSONAL WELLNESS

ANCIENT NUTRITION

SBO PROBIOTICS

SAVE 7.00 30 CT

ANCIENT NUTRITION

BONE BROTH PROTEIN

SAVE 18.00 504 G

NATURE'S WAY

UMCKA COLD & FLU SYRUP

SAVE 4.00 4 OZ

NATURE'S WAY

SAMBUCUS ZINC LOZENGES

4.99 24 CT



HERB PHARM

RAPID IMMUNE BOOST

SAVE 4.00 1 OZ

HERB PHARM

KAVA EXTRACT

SAVE 4.00 1 OZ

March 12 - 18, 2025

coop deals for Everyone!

PERSONAL WELLNESS

KAL
D-3 K-2 1000IU
SAVE 4.00 60 CT
RASPBERRY

ANDALOU
SHAMPOO & CONDITIONER
6.99 11.5 OZ

ANDALOU
HAPPY DAY CANNACELL CREAM
SAVE 6.00 1.7 OZ

AURA CACIA
KIDS AROMATHERAPY MIST
4.99 2 OZ

AURA CACIA
AROMATHERAPY MIST
6.59 4 OZ

AUROMERE
TOOTHPASTE
6.99 4.16 OZ
SELECT VARIETIES

DR BRONNER'S
BABY UNSCENTED BAR SOAP
3.99 5 OZ

HUMBLE
BAR SOAP
6.99 4 OZ

HUMBLE
DEODORANT
9.49 2.65 OZ
PLASTIC-FREE

MAD HIPPIE
EYE CREAM
SAVE 7.00 0.5 OZ

HOUSEHOLD

BIOKLEEN
BAC OUT ENZYME CLEANER
SAVE 4.00 32 OZ

SEVENTH GENERATION
DISHWASHER DETERGENT POWDER
5.99 45 OZ

SEVENTH GENERATION
DISHWASHER DETERGENT PACKS
7.99 20 CT

SEVENTH GENERATION
FABRIC SOFTENER SHEETS
7.99 80 CT
FREE & CLEAR OR EUCALYPTUS & LAVENDER

*All sale items are while supplies last. Sale items may not be available in all stores.
Priced as marked unless otherwise noted. We reserve the right to limit purchase quantities.*

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