

coop deals

FEBRUARY 5-11, 2025



flash sale FEB. 7-9



local

WISCONSIN MEADOWS
Grassfed Ground Beef 80/20 Pillow Pack
Viroqua, WI • 16 oz.
6.99 ea.

While supplies last!



USDA ORGANIC

ORGANIC HASS AVOCADOS
Mexico Grown
2 for 3.00



local

DONKEY CHIPS
Tortilla Chips
Salted or Unsalted
• Carol Stream, IL
• 11 oz.
3.89



BABA'S Hummus
Select varieties • Gluten-free
• Oil-free • Vegan • 10 oz.
3.79



coop basics **USDA ORGANIC**

FIELD DAY Salsa
Select varieties
• 16 oz.
2.99



local

UNTITLED ART
Florida Seltzer
Hard seltzer crafted with real fruit juices for unparalleled flavor • 12 oz
2.79

TOP RATED LINTAPPD



local **coop**

FAIR STATE CO-OP
Hop Water
Bright, zippy & aromatic with zero calories, carbs or booze • 16 oz.
2.29



USDA ORGANIC

ORGANIC BABY PEELED CARROTS
California Grown • 1 lb bag
2 for 3.00



coop MADE

we made you dinner!



BO GO **local** **USDA ORGANIC**

SIMPLY ORGANIC
Seasoning Packets
Select varieties
• Norway, IA
• 0.8 - 1.41 oz.
buy 1 get 1 free
Regularly 2.49



BO GO

JEFF'S NATURALS
Sliced Peppers
Tamed Jalapenos, Cherry Peppers & Banana Peppers
• Gluten-free • 12 - 14 oz.
buy 1 get 1 free
Regularly 3.99



BO GO

THE GOOD CRISP COMPANY
Potato Crisps or Cheese Balls
Gluten-free • Select varieties • 2.75 - 5.6 oz.
buy 1 get 1 free
Regularly 4.69



BO GO **GLUTEN-FREE & GRAIN-FREE**

AGAINST THE GRAIN
Frozen Pizza or Pizza Shell
Mix & Match on Equal or Lesser Value • Gluten-free • 12 - 24 oz.
buy 1 get 1 free
Regularly 8.99-14.99

FEBRUARY 5-11

Italian Sausage Lasagna
Turkey Sloppy Joe
Red Curry Lentils **V WF**
4-Cheese Mac & Cheese
Vegan Mac & Cheese **V**



BO GO

WORLD CENTRIC
Plates
9-inch fiber • 20 ct.
buy 1 get 1 free
Regularly 5.99



BO GO

VIRGIL'S
Handcrafted Soda
Select varieties • Mix & Match on Equal or Lesser Value • 4 pk. of 12 oz. Bottles or Cans
buy 1 get 1 free
Regularly 7.99-9.99



BO GO **USDA ORGANIC**

MIYOKO'S CREAMERY
Plant-Based Butter
Salted or Unsalted • 8 oz.
buy 1 get 1 free
Regularly 6.49



BO GO

LILY'S SWEET
Baking Chips
No sugar added
• Select varieties • 9 oz.
buy 1 get 1 free
Regularly 10.49

FAIR TRADE CERTIFIED



More Deals at
outpost.coop/shop



owners
save
more

super savings for owners only

FEBRUARY 5-11, 2025

MOSS
Sea Moss Beverage
Pomegranate
or Mango Ginger
• 12 oz.



~~\$3.99~~/EA

**2 for 5.00
OWNER PRICE**

local

**NATURE
BLESSED**
Frozen Fruit

Select varieties
• 40 oz.

~~\$13.99-24.99~~

**SAVE 2.00
OWNER PRICE**



WATERLOO

Sparkling Water

Select varieties • 12 pack of 12 oz. cans

~~\$6.99~~

4.99 OWNER PRICE

Owners Save
\$2.00!

**SIMPLE
MILLS**
Crackers

Gluten-free • Select
varieties • 4.25 oz.

~~\$5.99~~

3.99 OWNER PRICE



M.B.O.O.
Extra Virgin Olive Oil
750 mL.

~~\$23.99~~

**16.99
OWNER PRICE**



ISOLA
Pasta

Artisan Die-Cut •
Select varieties
• 16 oz.

~~\$5.79~~

3.99 OWNER PRICE



ISOLA
Pasta Sauce

Select varieties
• 25 oz.

~~\$8.99~~

5.99 OWNER PRICE



USDA
ORGANIC

BULK
Organic Almonds

California grown • Steam pasteurized

~~\$13.99~~/LB

**SAVE 4.00/LB
OWNER PRICE**



COOP
MADE

**OUTPOST'S
OWN**
Granola Bars

~~\$2.99~~/EA

2.39/EA OWNER PRICE



local

USDA
ORGANIC

**OLDEN
ORGANICS**
Fresh Guacamole
or Pico de Gallo

Made in Ripon, WI
• 10 - 10.5 oz

~~\$4.99 & 6.99~~

**SAVE 1.00
OWNER PRICE**



USDA
ORGANIC

**ORGANIC GRAPE
TOMATOES**

Mexico Grown • 1 pint

~~\$3.99~~/EA

**2 for 6.00
OWNER PRICE**



USDA
ORGANIC

**ORGANIC
CELERY**

California Grown

~~\$2.49~~/LB

**1.99/LB
OWNER PRICE**



USDA
ORGANIC

BULK
Organic
Split Peas

Green or Yellow

~~\$2.29~~/LB

**1.99/LB
OWNER PRICE**



local

BEELER'S
Hardwood Smoked Bacon Ends
Le Mars, IA • 16 oz.

~~\$3.99~~

3.49 OWNER PRICE



COOP
MADE

OUTPOST'S OWN
Beef & Pork Meatballs

~~\$8.99~~/LB

**SAVE 1.00/LB
OWNER PRICE**



SMART CHICKEN
Organic Chicken Drumstick

~~\$4.99~~/LB

**3.79/LB
OWNER PRICE**



GOLDEN TEMPLE
Bulk French Vanilla
Almond Granola

4lb. convenience bags also on sale!

~~\$6.99~~/LB

**4.99/LB
OWNER PRICE**

USDA
ORGANIC

**SMARTY
PANTS**
Organic
Multivitamin
& Fiber
Gummies

60 - 180 ct.

~~\$37.99~~

**SAVE 8.00
OWNER PRICE**



Own a grocery store
with us!
outpost.coop/join





Milwaukee
100 E. Capitol Dr.
414-961-2597

Wauwatosa
7000 W. State St.
414-778-2012

Bay View
2826 S. Kinnickinnic
414-755-3202

Mequon
7590 W. Mequon Rd.
262-242-0426

outpost.coop

Shop online –
click here

Become an owner –
click here

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

PLANET OAT
OATMILK
3.99 52 OZ
ORIGINAL OR VANILLA, GLUTEN-FREE, VEGAN

TALENTI
GELATO OR SORBETTO
4.99 16 OZ
SELECT VARIETIES

BLUE FARM
TORTILLA CHIPS
4.99 16 OZ
JANESVILLE, WI



LA REYNA
CORN CHIPS
4.79 12 OZ
GLUTEN-FREE, VINTON, IA



SIETE FOODS
SALSA
4.99 10.5 OZ
SELECT VARIETIES, GRAIN-FREE, GLUTEN-FREE



PRESERVED HARVEST
SALSA
4.59 14.5 OZ
SELECT VARIETIES

ZOUP
SOUP
5.99 16 OZ
SELECT VARIETIES, FARMINGTON HILLS, MI



SMUDE'S BRAND
MICROWAVE POPCORN
4.99 3PK OF 3.2 OZ BAGS
PIERZ, MN



MR B'S
BBQ OR CHILI SAUCE
SAVE 1.70 16 OZ
ORIGINAL OR HOT, BLOOMINGTON, MN



SKY VALLEY
SRIRACHA SAUCE
5.99 18.5 OZ
GLUTEN-FREE, VEGAN

LOTUS FOODS
**BULK ORGANIC FAIR TRADE
JASMINE RICE**
3.99 PER LB
BROWN OR WHITE



OUTPOST'S OWN
BULK THUNDER CRUNCH SNACK MIX
SAVE 2.00 PER LB



February 5 - 11, 2025

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

OUTPOST
CONCENTRATED OMEGA-3 1200 MG
SAVE 6.00 60 CT

OUTPOST
MAGNESIUM GLYCINATE 400MG
SAVE 9.00 180 CAPSULES

NORDIC NATURALS
VITAMIN D3 GUMMIES
12.99 60 CT

NORDIC NATURALS
ULTIMATE OMEGA-D3
SAVE 7.00 120 CT

coop deals *for Everyone!*

REFRIGERATED & FROZEN GROCERY

HOME RUN INN
CLASSIC FROZEN PIZZA
8.49 27 - 33 OZ
SELECT VARIETIES, CHICAGO, IL



MILWAUKEE PRETZEL COMPANY
BAVARIAN BEAST
8.99 16 OZ
MILWAUKEE, WI



FOOD FOR LIFE
**ORGANIC CORN
SPROUTED TORTILLA**
3.99 10 OZ
PEWAUKEE, WI



MYBACON
ORIGINAL RECIPE MEATLESS BACON
6.49 6 OZ
GLUTEN-FREE, VEGAN, KOSHER

ANNIE'S HOMEGROWN
PIZZA POPPERS
4.99 6.8 OZ
SELECT VARIETIES

GT'S
SYNERGY KOMBUCHA
2 FOR 7.00 16 OZ
SELECT VARIETIES

SIGGI'S
ICELANDIC PLAIN YOGURT
5.29 24 OZ

February 5 - 11, 2025

MEAT & SEAFOOD

BEYOND MEAT

PLANT-BASED BREAKFAST SAUSAGE PATTIES

4.99 7.4 OZ

ORIGINAL OR SPICY, GLUTEN-FREE, VEGAN

BEYOND MEAT

PLANT-BASED BURGER PATTIES

5.49 8 OZ

GLUTEN-FREE, VEGAN, 2 PACK

OLLI SALUMERIA

SNACK PACKS

3.99 2 OZ

SELECT VARIETIES

MILLER POULTRY

NATURAL CHICKEN BREAST TENDERS

6.49 PER LB

ORLAND, IN

local

FARMERS & COOKS

SWEET SMOKED HAM

SAVE 1.00 PER LB

PACKAGED GROCERY

CADIA EVERYDAY

PICKLES

3.59 24.3 OZ

SELECT VARIETIES

CADIA EVERYDAY

ROASTED RED PEPPERS

2.99 12 OZ

WHOLE OR STRIPS

GUITTARD CHOCOLATE

BAKING BARS

5.99 3PK OF 2 OZ BARS

SELECT VARIETIES



KOOPS'

MUSTARD

3.99 12 OZ

SELECT VARIETIES, PLEASANT PRAIRIE, WI



GREAT LAKES KETTLE CHIPS

KETTLE COOKED WAVY POTATO CHIPS

5.99 14 OZ

TRAVERSE CITY, MI



DIPSTICKS

BREADSTICKS

4.59 4 OZ

GARLIC, RIVERWEST STEIN BEER & ONION, OR CHEDDAR & ONION, NORTH LAKE, WI



BACK TO NATURE

CRACKERS

3.99 4 - 7 OZ

SELECT VARIETIES

CHICKAPEA

PASTA

BUY 1 GET 1 FREE

REGULARLY 5.69

SPAGHETTI, PENNE, OR SPIRALS, GLUTEN-FREE



DR. BRONNER'S

COCONUT OIL

7.99 14 OZ

VIRGIN WHOLE KERNAL



GARDEN OF EATIN'

TACO SHELLS

4.99 5.5 OZ

YELLOW OR BLUE CORN, GLUTEN-FREE

PACKAGED GROCERY

KOYO

RAMEN NOODLES

4 FOR 5.00 2 OZ

SELECT VARIETIES, VEGAN

KOYO

UDON OR SOBA NOODLES

2.89 8 OZ

SELECT VARIETIES



MUIR GLEN

CHILI STARTER

3.99 28 OZ

MEDIUM OR MILD



ORGANICVILLE

SALAD DRESSING

3.49 8 OZ

SELECT VARIETIES, GLUTEN-FREE, VEGAN



NATURE'S PATH

INSTANT OATMEAL

3.99 8 CT

SELECT VARIETIES



PARTAKE FOODS

COOKIES OR GRAHAM CRACKERS

4.69 7 OZ

GLUTEN-FREE, VEGAN & FREE FROM THE TOP 9 ALLERGENS



NATURE'S PATH

TOASTER PASTRIES

3.79 11 OZ

SELECT VARIETIES



RAO'S HOMEMADE

SOUP

4.99 16 OZ

SELECT VARIETIES

NATURE'S PATH

LOVE CRUNCH GRANOLA

4.99 11.5 OZ

SELECT VARIETIES



SIR KENSINGTON

MAYONNAISE

4.99 12 OZ

CLASSIC OR CLASSIC VEGAN, GLUTEN-FREE



TASTY BITE

CURRY ENTREES

3.99 10 OZ

SELECT VARIETIES

TONY'S CHOCOLONELY

CHOCOLATE BARS

4.99 6.35 OZ

SELECT VARIETIES

TASTY BITE

SIMMER SAUCE

4.99 13 OZ

SELECT VARIETIES

WOODSTOCK

**BBQ SAUCE, BURGER SAUCE,
OR MAYONNAISE**

4.99 7 OZ - 18 OZ



PERSONAL & WELLNESS CARE

AURA CACIA

AROMATHERAPY SHOWER TABLETS

BUY 1 GET 1 FREE 3 TABLETS

REGULARLY 7.99



AURA CACIA

**FOAMING & MINERAL
BATH PACKETS**

BUY 1 GET 1 FREE 2.5 OZ

REGULARLY 3.99



AURA CACIA

KIDS FOAMING BATH PACKETS

2 FOR 4.00 2.5 OZ

CELESTIAL SEASONINGS

HERBAL TEAS

3.99 20 CT

SELECT VARIETIES

WELEDA

SKIN FOOD BODY BUTTER

SAVE 5.00 5 OZ

BOODA ORGANICS

ECO BALM

4.99 0.30 OZ

PLASTIC-FREE



OM

MASTER BLEND PROTEIN

2.99 1.14 - 1.2 OZ

CHOCOLATE OR VANILLA



BOODA ORGANICS

TUB OF LOVE BUTTER

SAVE 9.00 8.4 OZ



OM

REISHI POWDER

SAVE 8.00 100 G



TOM'S OF MAINE

TOOTHPASTE

7.49 4 - 4.5 OZ

OUTPOST

VITAMIN D3-K2

SAVE 4.00 60 CT

TOM'S OF MAINE

DEODORANT STICK

9.99 3.25 OZ

OUTPOST

COQ10 100MG

SAVE 6.00 30 CT

OUTPOST

MAGNESIUM GLYCINATE 400MG

SAVE 4.00 90 CAPSULES

OUTPOST

CONCENTRATED OMEGA-3 1200MG

SAVE 9.00 100 CT

BULK

ANODYNE

LOCALLY ROASTED COFFEE

SAVE 1.00

12 OZ OR PER LB

SELECT VARIETIES, MILWAUKEE, WI



TIERRA FARMS

**ORGANIC FAIR TRADE
FLAVORED CASHEWS**

SAVE 3.00

PER LB

BULK BIN, SELECT VARIETIES



STONE CREEK COFFEE

LOCALLY ROASTED COFFEE

SAVE 1.00

1LB OR PER LB

SELECT VARIETIES, MILWAUKEE, WI



SUNRIDGE FARMS

**ORGANIC CHOCOLATE
COVERED CONFECTIONS**

SAVE 10%

PER LB

BULK BIN, SELECT VARETIES



ORGANIC DRIED CRANBERRIES

7.99

1 LB

PRE-PACKED BULK



ORGANIC MULTI-COLORED POPCORN

1.99

PER LB

BULK BIN



ORGANIC ALL SEASONS QUINOA

SAVE 30%

PER LB

BULK BIN



SUNRIDGE FARMS

ZESTA FIESTA PARTY MIX

SAVE 1.00

PER LB

BULK BIN

FRONTIER

ORGANIC ONION SOUP/DIP MIX

SAVE 20%

PER OZ

BULK HERBS, NORWAY, IA



CLEANING & HOUSEHOLD

BETTER WOOD PRODUCTS

HARDWOOD LUMP CHARCOAL

9.99

8.8 LB

ECOS

LIQUID LAUNDRY DETERGENT

13.99

100 OZ

SELECT VARIETIES

WORLD CENTRIC

COMPOSTABLE CUTLERY

1.99

24 CT

*All sale items are while supplies last. Sale items may not be available in all stores.
Priced as marked unless otherwise noted. We reserve the right to limit purchase quantities.*

February 5 - 11, 2025