

coop deals

JANUARY 8-14, 2025

local

PATTERSON'S ORCHARD
Honeycrisp Apples
New Berlin, WI
1.99 per lb.

USDA ORGANIC

ORGANIC CUCUMBERS
Mexico Grown
1.69 per lb.

USDA ORGANIC

CUTIES • ORGANIC
2LB BAG MANDARINS
California Grown
4.99 ea.

COUNTRY LIFE
Vitamin D3
100 ct.
7.69

MEGAFOOD
Blood Builder
30 ct.
SAVE 25%
ON ALL MEGAFOOD PRODUCTS

USDA ORGANIC

LAKWOOD & HONEST KIDS
Kids' Juice Drinks
Select varieties
• 8 pack of 6.75 oz. juices
4.99

local **new**

TRUE GRACE
True Little's
Daily Kids
Multivitamin
Pewaukee, WI • 60 ct.
SAVE 5.00

NORDIC NATURALS
SAVE 25%
ON SELECT NORDIC NATURALS PRODUCTS

local **new**

WISCONSIN MEADOWS
100% Grassfed Beef Bone Broth
Viroqua, WI • 20 oz.
8.99

local

MILLER POULTRY
Natural Chicken Drumsticks
or Bone-In Thighs
Orland, IN
2.99 per lb.

USDA ORGANIC

BULK
Organic Garbanzo Beans
2.79 per lb.

coop MADE

we made you dinner!

More Deals at
outpost.coop/shop

new

C'EST GOURMET
Cinnamon Bun With
Buttercream Frosting
2.59 ea.

local

SVEN'S
Locally Roasted Coffee
Select varieties • 12 oz.
SAVE 1.00

ZEVIA
Soda Pop
Natural flavors • Zero calories • Vegan • Select varieties • 6 pk. cans
6.99

JANUARY 8 - 14

- Chicken a la King
- Roasted Vegetable Lasagna **Vg**
- Sweet Potato Coconut Dal **V WF**
- 4-Cheese Mac & Cheese
- Vegan Mac & Cheese **V**

**owners
save
more**

super savings for owners only

JANUARY 8-14, 2025

WILD PLANET
Canned Tuna
& Ready To Eat
Tuna Salad

Select varieties • 5-5.6 oz.

3.99



FAIR TRADE ORGANIC GREEN BEANS

Mexico Grown

ONLY 1.99 per lb.

Regularly 2.99



WOODSTOCK
Mayonnaise

Gluten-free • 16 oz.

4.99



WASA
Crispbread

Select varieties • 8.8 oz.

2.99



OUTPOST'S OWN

Mama's Grab & Go Veggie Chili

SAVE 1.00 per lb.



GRANDE
Shredded or Grated Parmesan

SAVE 1.60 per lb.

Citiegine or Ovoline Fresh Mozzarella

SAVE 2.00 per lb.



WESTBRAE
Canned Chili Beans
& Lentils

Select varieties • 15 oz.

2.69



OUTPOST'S OWN
Specialty Turkey Burger Patties

Select varieties

SAVE 2.00 per lb.



NIXIE
Sparkling Water

Select varieties
• 8 pk. of 12 oz. cans

4.99



ANNIE'S NATURALS
Salad Dressing

Select varieties
• 8 oz.

3.99



CADIA
Broth
Chicken or
Vegetable

• 32 oz.

2.99



MORI NU
Silken Tofu

Gluten-free • Select varieties
• 10.8 - 12 oz.

2.79



MIKE'S MIGHTY GOOD
Ramen Noodles

Select varieties • 1.6 - 2.4 oz.

4 for 7.00



TRUVANI
Protein Powder

Vanilla, Chocolate &
Chocolate Peanut Butter

SAVE 4.00
+ FREE COLLAGEN



ORGAIN
Protein
Powder

Vegan • 2.03 lb.

SAVE 15.00



GRANDY ORGANICS
Organic Classic Granola

Bulk

6.99 per lb.



RISHI

Bulk Loose Leaf Teas
Imported directly from
growers across the world
• Milwaukee, WI

SAVE 20%



Own a grocery store
with us!
outpost.coop/join





Milwaukee
100 E. Capitol Dr.
414-961-2597

Wauwatosa
7000 W. State St.
414-778-2012

Bay View
2826 S. Kinnickinnic
414-755-3202

Mequon
7590 W. Mequon Rd.
262-242-0426

outpost.coop

[Shop online –
click here](#)

[Become an owner –
click here](#)

owners save more

SUPER DEALS FOR OUTPOST OWNERS!

OUTPOST'S OWN

**SEASONED CHICKEN DRUMSTICKS OR
BONE-IN THIGHS**

SAVE 1.50 PER LB

MEAT & SEAFOOD



ZOUP

BONE BROTH & BONE BROTH SOUPS

5.99 31 - 32 OZ

SELECT VARIETIES, FARMINGTON HILLS, MI
PACKAGED GROCERY

local

BLUE DIAMOND

ALMOND BREEZE

2 for 5.00 32 OZ

GLUTEN-FREE, VEGAN, SELECT VARIETIES
PACKAGED GROCERY

DOUDLAH FARMS

ORGANIC PINTO BEANS

2.29 PER LB

GROWN IN EVANSVILLE, WI
BULK

local

TIERRA FARMS

ORGANIC BRAZIL NUTS

SAVE 3.00 PER LB

BULK

MEADOWLARK ORGANICS

ORGANIC RAW ROLLED OATS

4.99 1 LB

local

VAN'S

WAFFLES

3.99 9 OZ

GLUTEN-FREE, ORIGINAL, BLUEBERRY, OR MULTIGRAIN
FROZEN

coop deals *for Everyone!*

MEAT & SEAFOOD

WILD CAUGHT PACIFIC SOLE FILLETS

SAVE 1.00 PER LB

APPLEGATE FARMS

NATURAL SLICED LUNCHMEAT

5.99 7 OZ

SELECT VARIETIES

coop
basics

January 8 - January 14, 2025

PACKAGED GROCERY

FINN CRISP

RYE CRISPBREAD

3.99 7 OZ

SELECT VARIETIES

ORRINGTON FARMS

SOUP BASE

5.89 12 OZ

CHICKEN OR BEEF

ISOLA

BRUSCHETTA CRACKERS

3.49 5.3 OZ

SELECT VARIETIES

INSPIRED ORGANICS

SALAD DRESSING

4.99 8 OZ

SELECT VARIETIES



INSPIRED ORGANICS

READY TO SERVE RICE

2 for 5.00 8.8 OZ

SELECT VARIETIES



THREE WISHES

CEREAL

6.99 8.6 OZ

SELECT VARIETIES, GRAIN-FREE, GLUTEN-FREE, VEGAN

GFB

BITES

4.29 4 OZ

SELECT VARIETIES, GLUTEN-FREE

MIRACLE

SHIRATAKI NOODLES OR RICE

3.99 7 - 8 OZ

GRAIN-FREE, GLUTEN-FREE, LOW CARB

GOLDTHREAD

PLANT-BASED TONICS

3.99 10.5 OZ

GLUTEN-FREE, VEGAN

WYLD

SPARKLING CBD WATER

4.59 12 OZ

SELECT VARIETIES

ANNIE'S HOMEGROWN

MACARONI & CHEESE MIX

2 for 5.00 6 - 7 OZ

SELECT VARIETIES

BHUJA

SNACK MIX

4.99 7.0 - 7.1 OZ

SELECT VARIETIES, GLUTEN-FREE

BLUE DIAMOND

NUT THINS CRACKERS

3.99 4.0 - 4.25 OZ

SELECT VARIETIES, GLUTEN-FREE

BOB'S RED MILL

SORGHUM GRAIN

3.99 24 OZ

GLUTEN-FREE

BOB'S RED MILL

FARRO GRAIN

5.99 24 OZ



BOB'S RED MILL

WHOLE GRAIN TEFF

6.99 24 OZ

GLUTEN-FREE

January 8 - January 14, 2025

PACKAGED GROCERY

BOB'S RED MILL

CHICKPEA FLOUR

3.89 16 OZ

GLUTEN-FREE

BOB'S RED MILL

INSTANT POTATO FLAKES

4.59 16 OZ

VEGAN

BETTER THAN BOUILLON

BASE

5.99 8 OZ

SELECT VARIETIES

DR MCDUGALL'S

SOUP

3.89 17.6 - 18 OZ

SELECT VARIETIES, GLUTEN-FREE, VEGAN



FLOW ALKALINE WATER

SPRING WATER

1.79 500 ML

ORIGINAL OR FLAVORED VARIETIES, GLUTEN-FREE, VEGAN

HIPPEAS

CHICKPEA PUFFS

3.89 4 OZ

SELECT VARIETIES, GLUTEN-FREE, VEGAN

JACKSON'S

SWEET POTATO CHIPS

3.79 5 OZ

SELECT VARIETIES, GLUTEN-FREE, VEGAN
MUSKEGO, WI



JOVIAL

CASSAVA PASTA

3.99 8 OZ

SELECT VARIETIES, GRAIN-FREE, GLUTEN-FREE



JOVIAL

BROWN RICE PASTA

4.69 12 OZ

SELECT VARIETIES, GLUTEN-FREE



JOVIAL

CANNED TOMATOES

3.99 18.3 OZ

SELECT VARIETIES



KETTLE

POTATO CHIPS

3.89 5 OZ

SELECT VARIETIES

NOKA

SUPERFOOD SMOOTHIES

2.79 4.22 OZ

SELECT VARIETIES, VEGAN



RECESS

**SPARKLING WATER WITH
MAGNESIUM & ADAPTOGENS**

2 for 5.00 12 OZ

SELECT VARIETIES

SIETE FOODS

BEANS

2.99 15.5 - 16 OZ

SELECT VARIETIES, VEGAN



WOODSTOCK

BANANA WATER

3 for 6.00 16.9 OZ



ORGANIC INDIA

TULSI TEA

4.99 18 CT

SELECT VARIETIES



January 8 - January 14, 2025

PACKAGED GROCERY

IF YOU CARE

UNBLEACHED SANDWICH BAGS

5.99 48 CT

SEVENTH GENERATION

LIQUID LAUNDRY DETERGENT

14.99 90 OZ

SELECT VARIETIES

TRU EARTH

FRAGRANCE FREE ECO LAUNDRY STRIPS

12.99 32 CT

BULK GROCERY

BULK PACK

ORGANIC BLACK SESAME SEEDS

SAVE 1.00 5 OZ

BULK

SOUP MIXES

SAVE 1.00 PER LB

BEAN & VEGETABLE OR WILD RICE
BRULE, WI

local

BULK

ORGANIC CHIA SEEDS

SAVE 50% PER LB

BULK

ORGANIC HIGH ANTIOXIDANT TRAIL MIX

SAVE 1.00 PER LB

BULK

ORGANIC WHITE QUINOA

SAVE 40% PER LB

BULK

NUTRITIONAL YEAST

SAVE 2.00 PER LB

MILWAUKEE, WI

local

BREAD & BAKERY

SILVER HILLS

SPROUTED GRAIN BREADS

3.99 22 OZ

SELECT VARIETIES



REFRIGERATED & FROZEN GROCERY

OLIPOP

PREBIOTIC SODAS

2 for 5.00 12 OZ

SELECT VARIETIES



BIZZY

COLD BREW COFFEE

5.49 48 OZ

SELECT VARIETIES

MINNEAPOLIS, MN



local

January 8 - January 14, 2025

REFRIGERATED & FROZEN GROCERY

BLUE DIAMOND

ALMOND BREEZE REFRIGERATED

ALMOND MILK

3.99 64 OZ

SELECT VARIETIES, VEGAN, GLUTEN-FREE

MIYOKO'S CREAMERY

PLANT-BASED BUTTER

5.49 8 OZ

SALTED OR UNSALTED, VEGAN, GLUTEN-FREE

WILDWOOD

SUPERFIRM TOFU

3.49 16 OZ

VACUUM PACK



JUST

PLANT-BASED FOLDED OMELETTE

5.99 8 OZ

VEGAN, GLUTEN-FREE

KITE HILL

ALMOND MILK YOGURT

2 for 3.00 5.3 OZ

VEGAN, GLUTEN-FREE, SELECT VARIETIES

CHOBANI

GREEK YOGURT

2 for 3.00 5.3 OZ

SELECT VARIETIES

SIGGI'S

ICELANDIC SKYR

4 for 5.00 5.3 OZ

SELECT VARIETIES

KITE HILL

PLAIN ALMOND MILK YOGURT

4.99 16 OZ

VEGAN, GLUTEN-FREE

GOOD CULTURE

WHOLE MILK COTTAGE CHEESE

2 for 4.00 5 OZ



GREEK GODS

GREEK YOGURT

4.99 24 OZ

SELECT VARIETIES

NANCY'S

LOWFAT COTTAGE CHEESE

4.49 16 OZ



PERSONAL & WELLNESS CARE

ACURE

SHAMPOO & CONDITIONER

5.99 8 OZ

ACURE

SOOTHING LOTION

8.99 8 OZ

January 8 - January 14, 2025

PERSONAL & WELLNESS CARE

SEAWEED BATH

SHAMPOO & CONDITIONER

7.99 12 OZ

VEGAN

SUKIN

FACIAL MOISTURIZER

6.99 4.23 OZ

JOLLY MOSS

SEA MOSS PUDDING

SAVE 5.00 16 OZ

MILWAUKEE, WI



DR BRONNER'S

CASTILE SOAP REFILL

SAVE 5.00 32 OZ

SELECT VARIETIES

COUNTRY LIFE

CHELATED ZINC 50 MG

8.99 100 CT

ORGAIN

PLANT-BASED NUTRITION SHAKE

2.99 11 OZ

VEGAN



CHARLOTTE'S WEB

CALM GUMMIES

7.49 6 CT



NAVITAS NATURALS

MACA POWDER

6.89 4 OZ



ULTIMA REPLENISHER

ELECTROLYTE MIX

SAVE 5.00 3.2 - 3.4 OZ

SPROUT LIVING

VEGAN PROTEIN POWDER

SAVE 9.00 0.8 - 1 LB

CHICAGO, IL



ANCIENT NUTRITION

MULTI COLLAGEN PROTEIN

SAVE 18.00 16 OZ

TRUE GRACE

REISHI

SAVE 4.00 60 CT

PEWAUKEE, WI



*All sale items are while supplies last. Sale items may not be available in all stores.
Priced as marked unless otherwise noted. We reserve the right to limit purchase quantities.*

January 8 - January 14, 2025