



# Get Ready to Gather

## Thanksgiving from Outpost

Please place your orders online  
[outpost.coop/thanksgiving](https://outpost.coop/thanksgiving)



Order portal opens on  
Wednesday, October 30 at  
7 a.m. & closes Wednesday,  
November 20 at 9 p.m.



*Our foods are crafted from scratch in our stores & chock-full of quality organic and local ingredients. We never use any artificial flavors, colors or preservatives.*



**FERNDALE MARKET**  
Natural Whole Turkeys  
Cannon Falls, MN  
**1.99** per lb.

local

**LARRY SCHULTZ**  
Organic Whole Turkeys  
Owatonna, MN  
**3.99** per lb.

local



inclusive trade

**MILESTON COOPERATIVE SWEET POTATOES**  
Black-Owned & grown  
• Holmes County, MS  
**ONLY .99** per lb.



USDA ORGANIC

**ORGANIC GARNET SWEET POTATOES**  
California Grown  
**1.99** per lb.

Look inside for Field Day deals!



**MEISTER Jack Cheeses**

Family-owned & operated for over 100 years • Award-winning cheese made in Muscoda, WI • 6 oz.

**3.99** ea.



local

open daily



November 13-19, 2024

# thanksgiving with a twist



## QUORN Meatless Turkey-Style Roast

Tender, juicy & vegetarian-friendly  
• Soy- & gluten-free • 16 oz.

**9.49**



## GARDEIN Savory Stuffed Turk'y

Packed with cranberry & sage stuffing • Homestyle gravy included • Vegan • 14.1 oz.

**8.99**



## FIELD ROAST Celebration Roast

Plant-based & crafted with sage, garlic & bread stuffing • Includes porcini mushroom gravy • Vegan • 32 oz.

**21.99**



### owner savings\*

local



## ORGANIC 5 LB. BAG RUSSET POTATOES

Bancroft, WI

**ONLY 3.99**



## EARTH BALANCE Vegan Buttery Sticks

Made without hydrogenated oil  
• Gluten-free • 16 oz. • 4 sticks

**5.29**

### owner savings\*



## WISCONSIN RED PEARLS CRANBERRIES

Nekoosa, WI • 12 oz.

**1.99** ea.

local

## NATURE BLESSED Frozen Whole Cranberries

No added sugar  
• Caloma, MI  
• 20 oz.

**4.99**

local



new  
crop



## ORGANIC BLUEBERRIES

Peru Grown • 6 oz.

**ONLY 2.99** ea.



## ORGANIC GALA OR GRANNY SMITH APPLES

Washington Grown

**1.69** per lb.



## CYCLES GLADIATOR Cabernet Sauvignon

Rich & expressive from first sip, this is a food friendly Cab that bursts with flavors of juicy plum, black cherry & strawberry, along with a hint of sweet baking spices • 750 ml

**8.99**

regularly 11.99



## LAKEFRONT Riverwest Stein

Lakefront's flagship amber lager • Medium body with a dash of caramel malt sweetness & crisp lager finish • 6 pk.

**9.99**

local



## THE CURATOR White Blend

Expressive aromas of dried peaches & apricots & ripe citrus • Great texture with some spice & a lengthy finish • 750 ml

**9.99**

regularly 12.99



**\*owner savings** – Join the Co-op today & start enjoying these and all the benefits of ownership!



FRESH & DELICIOUS

co-op made

MADE FROM SCRATCH

owner savings\*

owner savings\*

owner savings\*



**GRAB & GO**  
Veggie Rainbow Sandwich

A delightful combination of organic carrots, tomatoes, red onions, sprouts & sunflower seeds on Tribeca multigrain bread with our homemade hummus

**4.29** ea.



**OUTPOST'S OWN**  
Seasoned Split Chickens

Natural, antibiotic-free half chickens seasoned in our meat departments  
• Ready to cook • Select varieties

**5.99** per lb.



**OUTPOST'S BAKEHOUSE**  
Wheat-free Carrot Cake Slice

This wheat-free version of our famous carrot cake is chock-full of carrots, raisins, walnuts & pineapple, topped with cream cheese frosting

**3.49** ea.



**OUTPOST'S OWN**  
Tuna Vegetable Pasta Salad

A classic tuna pasta salad full of organic vegetables tossed with mayonnaise, horse-radish, Dijon mustard & pickle relish

**SAVE 1.00** per lb.

cheese special



**BOURSIN**  
Garlic & Herb Cheese

A soft, creamy & spreadable French cheese that's made from cow's milk & flavored with herbs & spices • 5.3 oz.

**SAVE 1.50** ea.

deli special



*^ Fresh sliced in the Cafe*

**FARMER'S & COOK'S**  
Shallot Herb Turkey Breast

Made from a single turkey breast brined with extra virgin olive oil, hand-rubbed with herbs, spices & minced shallots

**SAVE 1.00** per lb.

we made you dinner • NOV. 13 - 19



**Irish Beef Stew**

**Italian Sausage Lasagna**

**White Bean Kale Saute** (wheat-free, vegan)

**4-Cheese Mac & Cheese** (vegetarian)

**Vegan Mac & Cheese** (vegan)



MADE FROM SCRATCH • ORGANIC INGREDIENTS • ALL NATURAL



NCG is donating 5¢ per every Field Day item sold!



**FIELD DAY**  
Maple Syrup  
8 oz.



**5.99**



**FIELD DAY**  
Herbs & Spices

.5 - 2.5 oz.

**3.99**



**FIELD DAY**  
Turkey or Wild Mushroom Gravy

Ready to use • Warm & serve • 12 oz.



**2 for 5.00**



**FIELD DAY**  
Canned Pumpkin  
15 oz.



**1.99**

**FIELD DAY**  
All Purpose White or Whole Wheat Flour

5 lb.

**4.99**



**FIELD DAY**  
Semi Sweet Chocolate Chips

10 oz.

**3.99**



**FIELD DAY**  
Sugar  
Naturally Milled Cane, Powdered, Turbinado, & Light Brown •

16 - 24 oz.

**2.99**



**FIELD DAY**  
Wildflower Honey

12 oz.

**4.99**



**FIELD DAY**  
Sea Salt

Coarse or fine • 24.7 - 26.5 oz.

**2 for 5.00**



1 L Organic Olive Oil on Sale for 16.99!

**FIELD DAY**  
Organic Extra Virgin Olive Oil

16.9 fl. oz.

**8.99**



**FIELD DAY**  
Refined Coconut Oil or Canola Oil

14 - 32 oz.

**5.49**



**FIELD DAY**  
Avocado Oil

16.9 oz.

**8.99**



**FIELD DAY**  
Olives

Pitted Black or Pitted Green • 6 oz.

**1.99**



**FIELD DAY**  
Canned Vegetables

Green Beans, Peas, or Sweet Corn • 14.5 - 15 oz.

**1.49**



**FIELD DAY**  
Canned Beans

Select varieties • 15 - 16 oz.

**4 for 5.00**



while supplies last • sorry, no rainchecks

November 13 - November 19, 2024 • Promoted items may vary by location • While supplies last

• big field day sale for all! •

• big field day sale for all! •





NCG is donating 5¢ per every Field Day item sold to NATIFS!



**FIELD DAY Crackers**



Water, Toasted Wheat, or Stone-ground Wheat varieties • 4.4 - 8 oz.

**2.99**



**FIELD DAY Crackers**

Golden Round or Baked House • 7 - 8 oz.

**3.99**



**FIELD DAY Salsa**

16 oz.

**2.99**



**FIELD DAY Deluxe Mac & Cheese Mix**

Yellow or White Cheddar • 6 oz.

**2 for 3.00**



12 oz. Shells & Cheese  
✓ on sale for 2.99



**FIELD DAY Frozen French Fries or Hash Brown Potatoes**

23 - 24 oz.

**4.29**



**FIELD DAY Frozen Pizza**

12.2 - 12.9 oz.

**5.99**



**FIELD DAY Red or White Wine Vinegar**

17 oz.

**2.99**



**FIELD DAY Apple Sauce**

Original or Cinnamon • 24 oz.

**2.99**



**FIELD DAY Sparkling Water**

6 pack • 12 oz. cans

**2.29**



**FIELD DAY Cranberry Juice**

32 oz.

**4.99**



**FIELD DAY Apple Juice**

64 oz.

**5.99**



**FIELD DAY Coconut Water**

16 oz.

**1.99**

33.8 oz. on sale for 3.49!



**FIELD DAY Compostable Cutlery Variety Pack**

24 ct.

**2 for 3.00**



**FIELD DAY Paper Towels or Bath Tissues**

Paper Towel 6 roll pk. or Bath Tissue double roll 12 pk.

**6.99**



**FIELD DAY Liquid Laundry Detergent**

100 fl. oz.

**9.99**



• big field day sale for all! •

• big field day sale for all! •

while supplies last • sorry, no rainchecks

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co-op deals • co-op deals • co-op deals • co-op

bulk deals

**BULK PACK Organic Diced or Sliced Almonds**

Perfect for baking, cooking or snacking  
 • Grown in California  
 • 8 oz.



**SAVE 1.00**

**BULK PACK • HONESTLY CRANBERRY Unsweetened Dried Cranberries**

No added sugars, juices, or oils  
 • Grown on a family farm in Wisconsin Rapids, WI • 1 oz.

Honestly Cranberry®

local



**3.49**

**STONE CREEK COFFEE Harvest Roast**

Medium roast • Notes of whisky cherries, maple & gardenia • Sourced from Guatemala • Roasted in Milwaukee • 12 oz.



local

**SAVE 1.00**

**BULK Organic All Seasons Quinoa**

A blend of white, red & black quinoa • Grown in Bolivia



**SAVE 2.00 per lb.**

**BULK • NORTH BAY TRADING Organic Wild Rice**

Indigenous grown & natural lake harvested in Canada



**SAVE 2.00 per lb.**

owner savings\*

Non-Owners price 3.29 ↘

**BROWNBERRY STUFFING Sage & Onion**

12 oz.

**2.99**



**ALEIA'S Gluten-Free Stuffing**

Original Plain or Savory & Cooktop Vegetable or Poultry • 5.5 - 10 oz.

**4.59 - 5.99**



**BOB'S RED MILL Gluten-Free Cornbread Mix**

20 oz.

**2 for 5.00**



**CADIA Broth & Cranberry Sauce**

Original or Low Sodium Chicken or Vegetable Broth & Jellied or Whole Berry Cranberry Sauce • 14 - 32 oz.



**2 for 5.00**

**CADIA Pickles & Roasted Red Peppers**

12 - 24.3 oz.

**2.99**



**IMMACULATE BAKING Crescent Rolls or Flaky Biscuits**



8 - 16 oz.

**4.39**



**WHOLLY WHOLESOME Traditional Pie Shells**

Gluten-Free on sale for 6.99!

Frozen • Two 9" shells per pack • 14 oz.

**5.99**



**SO DELICIOUS Cocowhip**

Non-Dairy Whipped Topping • Original or Lite • Vegan • 9 oz.

**4.99**



**RW KNUDSEN Sparkling Juice**

Cranberry, Organic Pear, Crisp Apple, or Grape • 750 ml.

**4.99**



holiday prep deals



**co-op deals • co-op deals • co-op deals • co-op**

**AURA CACIA**

**Warming Mineral Bath**

Unique blend of ocean desert salts & 100% pure essential oils to give you softer feeling skin & soothe your soul • 2.5 oz.



**2.89**

**CHILD LIFE Vitamin D3 Kids Liquid**

Promotes healthy immune function, heart health & strong bones • 1 oz.



**6.89**

**ECOS Liquid Hand Soap**

Made with plant powered ingredients • Majority woman-owned made in the USA • 17 oz.



**4.89**

**NATURE'S WAY**

*Save on ALL Alive Multivitamins*

**Alive Women's 50+ & Men's 50+ Multivitamin Gummies**

Specially formulated for the whole family • A range of great-tasting multivitamins with fruit & vegetable extracts • 60 ct.



**SAVE 6.00**

**NATURE'S WAY Umcka Cold & Flu Syrup**

Shortens duration & reduces severity of common cold, nasal, throat & bronchial irritations • 4 oz.



**SAVE 3.00**



**SOUTH OF FRANCE Bar Soap**

Luxuriously lathering all-vegetable soap • Triple-milled in the Marseille tradition for a pampering cleansing experience • 6 oz.



**3.69**

**OM Lion's Mane Gummies**

Support memory, focus, & nerve health • 1,000mg whole Lion's Mane perserving • Strawberry flavor • 60 ct.



**SAVE 5.00**

**HYLAND'S Restful Legs**

Fast & effective relief of agitated legs so you can rest • 50 ct.



**9.89**

**PRINCE OF PEACE Red Panax Ginseng Extractum**

Made with a traditional low heat process to preserve the natural precious components • 10.2 oz.



**SAVE 4.00**

**TRUE GRACE Electrolyte Powder**



*Available in Lemon Lime or Grapefruit!*



Contains essential minerals in a ratio beneficial for maximum hydration • With organic cordyceps fruiting body mushrooms for energy & endurance support • 16 ct.



**SAVE 5.00**



**RISHI Bulk Loose Leaf Teas**

Premium teas and botanicals imported directly from growers across the world

**SAVE 20%**



personal health & wellness deals

Since 1999, Outpost's Buy A Bag program has provided over **\$2.4 million** worth of natural and organic food to Hunger Task Force.



For more information about Buy A Bag or to donate online, visit [www.outpost.coop/buy\\_a\\_bag](http://www.outpost.coop/buy_a_bag)



## November 1 – December 31

For \$20 Outpost purchases \$40 worth of natural and organic foods for those in need, including fresh produce!

## Buy a Slice *Fundraiser*

Saturday, November 16

11 a.m. – 1 p.m.  
or until pie is gone

*Suggested \$4 donation - all proceeds go to Buy a Bag*



Milwaukee • 100 E. Capitol Dr. • 414.961.2597  
Wauwatosa • 7000 W. State St. • 414.778.2012  
Bay View • 2826 S. Kinnickinnic Ave. • 414.755.3202  
Mequon • 7590 W. Mequon Rd. • 262.242.0426

[www.outpost.coop](http://www.outpost.coop)