

## Tasty Toast Toppers

Be inspired with these ideas for a quick and healthy meal or snack, even fancy party bites



### Breads

Toast them in the toaster or toaster oven. Pretty much any bread will be great, as long as the toasted slice can handle your toppings – and still be crunchy!

*Sourdough | Sliced Baguettes | Artisan Breads | English Muffin*

### Great Bases

Bases can be anything sliced, shredded, melted, mashed, crumbled, or jammy –lay your next ingredients on top.

*Fresh Avocado*

*Fresh Bananas*

*Cheeses: Cream Cheese, Burrata, Boursin, Cotija, Feta, Goat Cheese, Ricotta*

*Dips & Spreads: Hummus, Labneh, Skordalia, Tapenade, Pesto*

*Savory Jams: Onion Jam, Bacon Jam, Fig Jam*

*Proteins: Sliced Deli Meats, Lox, Tempeh*

*Nut Butters, of course!*

### Tasty Toppers

Think of how layers will nest – larger to smaller, heavier to lighter – sliced, shredded, melted, mashed, crumbled, chopped, drizzled.

*Cheeses: Fresh Mozzarella, Cream Cheese, Burrata, Boursin, Cotija, Feta, Goat Cheese, Ricotta*

*Tomatoes: Heirloom, Cherry or Grape, Roasted*

*Green Things: Greens, Microgreens or Sprouts*

*Garden Fresh: Radishes, Cucumber, Charred Sweet Corn, Red Onions, Mushrooms,*

*Fruity Fresh: Apples, Pears, Pineapple, Grapes, Dried fruits, Figs, Pomegranate Seeds, Berries*

*Proteins: Fried or Scrambled Eggs, Crispy Bacon, Flaked Smoked Fish,*

*Fresh Herbs: Basil, Chopped Chives*

*Pickles: Onions, Capers, Cornichons, Pickle Relish, Sliced Pickles*

*Nori, sliced thinly*

*Dates, chopped*

### Seeds, Seasonings and Sauces

Seeds, seasonings and sauces can really amp your game!

*Chili Crunch | Hot Sauce | Flavored Bottled Seasonings | Sesame Seeds | Sunflower Seeds | Chopped Nuts |*

*Balsamic Glaze | BBQ Sauce*

## **Toast Combos**

The sky is the limit as to where you can go with open-faced sandwiches made with toast. Here are just a few ideas to get you on your way.

- *Avocado + Heirloom Tomato + Pesto*
- *Bacon + Onion Jam + Fried Egg (maybe top with whipped goat cheese)*
- *Avocado + Microgreens + Thin Sliced Radishes + Red Chili Flakes*
- *Ricotta + Honey + Dates + Slivered Almonds*
- *Hummus + Cucumber + Tomatoes + Red Onion + Feta Cheese + drizzle of EVOO*
- *Ricotta Cheese + Honey + Lemon Zest + Fresh Berries*
- *Avocado + Cucumber + Radish + Fresh Pomegranate Seeds*
- *Ricotta + sliced pears + walnuts + drizzle of honey*
- *Thinly sliced ham + pickle or cornichon + slice of Swiss Cheese, melted in a toaster oven or under the broiler*
- *Fontina or mozzarella cheese, melted in a toaster oven or under the broiler + sauteed mushrooms*