



You'll taste the difference!

All of our Co-op made soups are made from scratch using our from-scratch stock, fresh organic or all-natural ingredients.

May 2023

Monday, 05-01	Ginger Chicken Noodle
Tuesday, 05-02	African Vegetable Stew ♡/🌾
Wednesday, 05-03	Curried Sweet Potato & Lentil ♡/🌾
Thursday, 05-04	Chicken Mulligatawny
Friday, 05-05	Broccoli Cheddar Cheese 🌾
Saturday, 05-06	Spinach Coconut ♡/🌾
Sunday, 05-07	Chef's Choice
Monday, 05-08	Ginger Chicken Noodle
Tuesday, 05-09	Pumpkin Minestrone ♡
Wednesday, 05-10	Chicken Tortilla 🌾
Thursday, 05-11	Indonesian Spinach ♡/🌾
Friday, 05-12	Indian Vegetable 🌾
Saturday, 05-13	Red Lentil with Curry & Coconut ♡/🌾
Sunday, 05-14	Chef's Choice
Monday, 05-15	Ginger Chicken Noodle
Tuesday, 05-16	Peruvian Quinoa ♡/🌾
Wednesday, 05-17	Spinach Lentil ♡
Thursday, 05-18	Chicken Wild Rice 🌾
Friday, 05-19	Creamy Tomato Parmesan 🌾
Saturday, 05-20	Southwest Corn & Potato ♡/🌾
Sunday, 05-21	Chef's Choice
Monday, 05-22	Ginger Chicken Noodle
Tuesday, 05-23	Southern French Vegetable ♡
Wednesday, 05-24	Chicken Mulligatawny
Thursday, 05-25	Red Lentil with Curry & Coconut ♡/🌾
Friday, 05-26	Sopa Ranchera 🌾
Saturday, 05-27	Golden Split Pea ♡/🌾
Sunday, 05-28	Chef's Choice
Monday, 05-29	Ginger Chicken Noodle
Tuesday, 05-30	Indian Vegetable 🌾
Wednesday, 05-31	Peruvian Quinoa ♡/🌾

served daily – Mama's Veggie Chili ♡ 🌾

Our soups are made in a facility that also processes milk, eggs, tree nuts, peanuts, corn, & wheat. While we adhere to good safety & cleanliness practices that help to ensure ingredients do not cross-contaminate other items, we cannot guarantee it.

🌾 = wheat-free ♡ = vegan