APRIL SOUP MENU

ALL OF OUR CO-OP MADE SOUPS ARE MADE FROM SCRATCH USING OUR FROM-SCRATCH STOCK, FRESH ORGANIC OR ALL-NATURAL INGREDIENTS.

YOU'LL TASTE THE DIFFERENCE!

01	GINGER CHICKEN NOODLE
	SPINACH LENTIL V
03 🖇	SOUTHWEST CORN & POTATO CHOWDER V & WF
04	CHICKEN MULLIGATAWNY
05	BROCCOLI CHEDDAR CHEESE WF

07 CHEE'S CHOICE

06

- 08 | GINGER CHICKEN NOODLE
- 09 | SPINACH COCONUT | V & WF
- 10 CHICKEN WILD RICE I WF
- II INDIAN VEGETABLE SOUP I WF
- 12 RED LENTIL WITH COCONUT & CURRY I V & WF

SOUTHERN FRENCH VEGETABLE | V

- 13 POTATO FLORENTINE I WE
- 14 CHEF'S CHOICE
- 15 GINGER CHICKEN NOODLE
- 16 CURRIED SWEET POTATO WITH LENTIL I V & WF
- 17 PERUVIAN QUINOA I V & WF
- 18 CHICKEN MULLIGATAWNY
- 19 | BROCCOLI CHEDDAR CHEESE I WF
- 20 SPINACH COCONUT I V & WF
- 21 CHEF'S CHOICE
- 22 GINGER CHICKEN NOODLE
- 23 | CREAMY TOMATO PARMESAN I WF
- 24 | RED LENTIL WITH COCONUT & CURRY I V & WE
- 25 | CHICKEN WILD RICE I WF
- 26 GOLDEN SPLIT PEA I V & WF
- 27 | PERUVIAN QUINOA I V & WF
- 28 CHEF'S CHOICE
- 29 GINGER CHICKEN NOODLE
- 30 | SPINACH LENTIL I V

MAMA'S VEGGIE CHILI SERVED DAILY



 $WF = wheat free \mid V = vegan$

Our soups are made in a facility that also processes milk, eggs, tree nuts, peanuts, corn & wheat. While we adhere to good safety & cleanliness practices that help to ensure ingredients do not cross-contaminate other items, we cannot guarentee it.